

# LICENCE TO SERVE

## ISSUE 016

### News from the Liquor Licencing team



This newsletter is jointly produced by the Timaru District Council Alcohol Licensing Team, the Police Alcohol Harm Reduction Officer and the Community and Public Health Alcohol Licensing Officer.

We encourage all licensees to circulate this newsletter to all staff, especially Duty Managers.

## CHANGE OF GUARD

I am sure a number of you will be sad to hear that Joy Edmond who has been with us for the last two years has resigned and will be leaving us on 23 October.

We are currently recruiting for the role so there may be a period of time when we are without administration cover so please bear with us when it comes to getting responses to things. Can you please ensure that you start utilising the generic email address we have ([liquoradmin@timdc.govt.nz](mailto:liquoradmin@timdc.govt.nz)) which is accessible by all the Alcohol Unit Team.

You can still talk to Sharon Hoogenraad (I would recommend via email [sharon.hoogenraad@timdc.govt.nz](mailto:sharon.hoogenraad@timdc.govt.nz)) whilst we are training up our new staff member and getting them up and running as soon as possible.

### Newsletter Library

If anyone is looking for any previous newsletters you can find these on our website now.

The link is:

<https://www.timaru.govt.nz/services/environment/liquor-control/liquor-licensing/tri-agency-newsletter>

## From the Secretary's Desk

The Covid 19 pandemic continues to offer challenges for businesses, who have shown real resilience with regards to continuing to work within the ever changing rules.

It's pleasing to see everyone pulling together to support our team of 5 million. We continue to be here for you and offer our services to you in the Liquor Licensing space. If you have any questions please do not hesitate to ring the team.

We have been holding off on monitoring since early this year due to the lockdown, and the restrictions being placed on our licensees however it is now time for our agencies to commence monitoring again. We will be heading out and about monitoring soon so do to say hi when you see them.

With the Christmas/New Year period coming up quickly, it is timely to remind you all that the DLC closes down from 20 December 2020 to 15 January 2021. Any day during that period does not count as a 'working day' in terms of getting applications before the DLC. You will need to remember this deadline and submit your applications early in order to allow for the break.

Ngā mihi, Debbie Fortuin  
Secretary

### ALSO IN THIS ISSUE

**FETAL ALCOHOL SPECTRUM DISORDER AWARENESS**

**FOOD TEAM UPDATE**

**KEEPING IT CLEAR**

**POLICE UPDATE**

**LCQ TRAINING DATES**

### Dates for Xmas / New Year Special Licence Applications

Just a friendly reminder to have your special licence applications for the Xmas / New Year period lodged with us as soon as possible.

The deadline for lodgement will be 20 November 2020. This is still only giving us the bare minimum of time to process the applications before the DLC close down for the statutory period of 20 December to 15 January every year.

Special licence applications will not be accepted for continuation of normal trading.

## Fetal Alcohol Spectrum Disorder (FASD) Awareness

Due to September being Fetal Spectrum Disorder Month, and The Australia and New Zealand Ministerial Forum on Food Regulations recent decision, I want to put my health promoter's hat on and address the matter of labelling on alcoholic beverages.

These wise folk have finally decided after many years of debating, to introduce mandatory labelling, to advise everyone of the danger of drinking whilst pregnant. This labelling was objected to by the alcohol industry for several reasons. These included the cost to the industry and whether the labels should be health or warning messages.

The push for the labelling was due the effects alcohol has on the mother, her baby and complications that can arise, including Fetal Alcohol Spectrum Disorder, and the range of effects it can have on those unfortunate enough to be living with it.

I must admit that before I started this role, I was aware of FASD but that was about the limit of my knowledge. Drinking alcohol has always been part of our culture, and I don't recall many of my friends giving up alcohol when they were pregnant. This is probably due to not knowing what affect alcohol had on the human body.

When a pregnant woman drinks alcohol, it passes through the placenta to the fetus at the same concentration as in the mother's blood. But the fetus is unable to process the alcohol as efficiently as the mother and the alcohol stays in the fetus' system for longer, having a sustained and prolonged effect. This causes either direct cell damage or interferes with cell development.

FASD is a lifelong disability and individuals with FASD will experience some degree of challenges in their daily lives, and

will need support with motor skills, physical health, learning, memory, attention, communication, emotional regulation and social skills. (Ministry of Health's conservative estimate is that in New Zealand one in every 100 births may be affected by alcohol).



The Ministry of Health, the Health Promotion Agency/Te Hiringa Hauoro, the Royal College of General Practitioners, the New Zealand College of Midwives and other health sector agencies support the advice that there is no known safe level of alcohol consumption during pregnancy.

I have conversations with many people about labelling, and like everything opinions are divided and varied. I liken it to many years ago when seat belts in motor vehicles and wearing a helmet on a motorcycle wasn't compulsory. We know that seat belts and helmets save lives, but if they weren't compulsory would you still wear yours? A lot of people wouldn't, and if labelling wasn't compulsory you run the risk of labelling being non-existent or inefficient.

A level playing field should be a fair playing field, and if it makes just one person think about consuming alcohol whilst pregnant surely it is worth the fight.

When labelling becomes compulsory, there will be the expectation that the alcohol that you serve, or sell, will be compliant with Food Regulations, and I wouldn't like to see anyone in the hospitality business come unstuck because of non compliance.

Take care and stay safe,  
Wayne Cummings



### Find out more about the pregnancy warning label

A new rule has been introduced under the Australia New Zealand Food Standards Code that requires all alcoholic beverages to include a pregnancy warning on their labels.



Food businesses will have three years, from 31 July 2020 to meet this new requirement. Please visit the Food Standards Australia New Zealand website for the pregnancy warning labels downloadable files. New Zealand Food Safety will be updating A Guide to Alcoholic Drinks to reflect this change. For more information, refer to the 18 July media release *New mandatory labelling rules for alcohol protect kiwi kids*.

[www.foodstandards.gov.au/industry/labelling/Pages/pregnancy-warning-labels.aspx](http://www.foodstandards.gov.au/industry/labelling/Pages/pregnancy-warning-labels.aspx)

# FOOD TEAM UPDATE

There have been a few instances lately with food businesses not advising changes of Food Control Plan Managers.

Please remember to advise the Timaru District Council of these change as soon as you can.

Here is some important information from the latest MPI Food News for our local food businesses.

## Reducing the risk of illness from Listeria

Following the recent media reports about listeriosis, we are asking local food businesses to use these informative and training resources about Listeria monocytogenes – and how to control it within the processing environment.



Listeria bacteria can occasionally contaminate food and cause illness which can be serious for pregnant women, the frail elderly and those with low immunity. It is important that food businesses do not serve high-risk foods to at-risk customers.

The resources can be found at [www.mpi.govt.nz/food-safety/food-safety-and-suitability-research/listeria/listeria-resources/](http://www.mpi.govt.nz/food-safety/food-safety-and-suitability-research/listeria/listeria-resources/)

## Notebook – Starting a Food Business

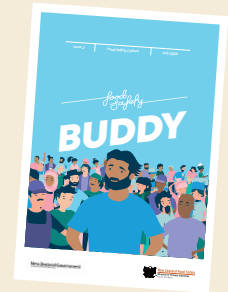
We're excited to announce the release of the Notebook, a tool for anyone on their journey to starting a food business. This publication contains comprehensive onestop-shop guidance to help people find out about what food rules apply to a new business, how to put together a Food Control Plan or National Programme, find a verifier and get registered. It also has helpful tips on everything from contracts to council consents.

You can view Notebook at this link: [www.mpi.govt.nz/dmsdocument/41310-the-notebook](http://www.mpi.govt.nz/dmsdocument/41310-the-notebook)

If you know anyone thinking about starting a food business, please send them the Notebook link. Please also direct interested people to the Thinking of starting a new food business? page, so they can access helpful materials, including guidance steps and videos.

## Food Safety Buddy Issue 2

We're excited to be sending Territorial Authorities (TAs) and verification agencies copies of the second issue of Food Safety Buddy.



Buddy issue 2 is designed for all food businesses and is all about food safety culture – the range of behaviours that enable a team to make consistently safe and suitable food.

Businesses will be emailed to share the Buddy issue 2 link and offered a hard copy (if available) if they are unable to print a copy.

You can download your own copy of The Buddy from: [www.mpi.govt.nz/dmsdocument/41202-buddy-magazine-issue-2-printer-friendly](http://www.mpi.govt.nz/dmsdocument/41202-buddy-magazine-issue-2-printer-friendly)

## Food Safety Toolkit

The Food Safety Toolkit contains guidance and resources to help food businesses understand and meet their obligations under the Food Act 2014. Resources include links to videos, posters, and templates.

You can find the Food Safety Toolkit online at:

[www.mpi.govt.nz/food-safety/food-act-2014/food-safety-toolkit/](http://www.mpi.govt.nz/food-safety/food-act-2014/food-safety-toolkit/)

## KEEPING IT CLEAR

Did you know there is a requirement for certain buildings and occupancies to complete daily checks on their exit pathways?

If your building has a risk classification of 'Crowd' this should be being completed and documented so you can show that the exit pathway is not compromised. Below is an example of a Building Maintenance Record that has been developed by a local fire protection company.

If you would like to discuss any of the above or any other matter relating to fire safety in buildings or your home please don't hesitate to contact your local Fire Risk Management Officer Craig Chambers on 03 684 1211 or 027 405 6996.



Owner / Tenant Daily Requirements  
Final Exits and other doors (as applicable)  
SS 3/1, 3/2, 3/3, 15/2

### BUILDING MAINTENANCE RECORD

INSPECTION FREQUENCY:

- Daily check must ensure that:
  - Fire and Smoke Stop Doors closed at all times
  - Egress paths keep clear from obstructions and clearly signed
  - Exit doors unlocked while building is occupied
  - Automatic doors open automatically, are not blocked, barred, locked
  - Access controlled doors release catch not obstructed or damaged and instruction clear and legible
  - Interlocked fire doors are not blocked, barred, locked

Inspections to be carried out daily and recorded weekly

Week	Date	Name	Signature	Comments
1				
2				
3				
4				
5				

Week	Date	Name	Signature	Comments
1				
2				
3				
4				
5				

Week	Date	Name	Signature	Comments
1				
2				
3				
4				
5				

Week	Date	Name	Signature	Comments
1				
2				
3				
4				
5				

For Whakaratonga Street  
Timaru 4770  
03 684 1211  
027 405 6996



# POLICE UPDATE

With spring and daylight savings here, along with lowered COVID alert levels, fake IDs may appear.

There are a lot of them out at the moment that appear to possibly be made by one person or group that are distributing/selling them far and wide.

The maker removes the real date of birth and applies a thin film with a new date of birth over the top. This will often peel a bit at the corners.

We think it has originated out of Timaru but they have been found all over the place and possibly nationwide. I believe some have already been found in South Canterbury. I haven't seen one myself but apparently if you put a fingernail into the front of the license it will dig into the film and is one way to try and spot them. One source has said they think half of all 17 year old students at one CHCH school have one of these now.

With this in mind it might be a good time for some refresher training for your staff and security about spotting fake IDs in general and please discuss these new ones that are doing the rounds. If you locate and seize any please let us know we can come and collect them.

There are numerous offences relating to underage patrons and also fake ID's, there are infringements that can be issued to both the underager and also the premises.

Another thing to be aware of is the rise of MDMA. It was recently commented on to me by an 'out of townner' they were amazed how many people here seemed to be on MDMA and asked if it was a big problem in Timaru.

It has definitely been on the rise and everyone needs to be aware of it. MDMA is short for Methylenedioymethamphetamine. It is a chemical stimulant and the active ingredient in ecstasy. The term ecstasy refers to pills usually made from MDMA and mixed with other drugs like amphetamines, and caffeine.

MDMA increases the release of serotonin and dopamine in your brain which are linked to feelings happiness, while also increasing your heart rate, blood pressure and body temperature. People generally experience feelings of energy, intensity of feelings, confidence, happiness, openness, closeness to others, dehydration, teeth grinding, feeling hot, and reduced appetite. Most people experience the effects in waves and describe it as 'rolling' with the highs and lows leveling out over time. Too much MDMA can make you confused, anxious, feel like vomiting and even hallucinate.

After using people can experience a comedown with feelings of low energy, difficulty sleeping, feeling irritable and mildly depressed, and have difficulty concentrating. These feelings could last for several days depending on how much you have taken.

Keep an eye out the symptoms and a reminder that the term 'intoxicated' does not only refer to alcohol but also other products like drugs.

Sgt Sam Winchester  
NZ Police



## LCQ Training Dates

In the Timaru / Waimate / Mackenzie district there are two providers that offer NZQA Unit Standards 4646 and 16705 training.

During the lockdown ServiceIQ announced that they would be providing the LCQ Certificate electronically now which will hopefully reduce the wait time people have been experiencing.

The final ARA course for 2020 is (may be subject to change):

**19th October with exam on 2nd November**

(The course runs 8.30am to 4.30pm on the first day and the exam starts at 1.00pm)

As well as the ARA courses there are also the online version which is done through another organisation called GetLCQ (located in Dunedin) and their website is [www.getlcq.co.nz](http://www.getlcq.co.nz) if your staff would prefer to do it online.

In previous newsletters we have discussed Servewise and this is excellent for those staff that you have working behind the bar who may not wish to go to the next level of obtaining their LCQ. This is a free training system and you can access this by going to [www.alcohol.org.nz](http://www.alcohol.org.nz) and search for 'Servewise'.

## Future Topic Suggestions

### Do you find the newsletter useful?

We are looking for suggestions from you as licensees as to what sort of articles or items you would like to see in future newsletters. If you have any suggestions please feel free to email me on [sharon.hoogenraad@timdc.govt.nz](mailto:sharon.hoogenraad@timdc.govt.nz)