



AGENDA

Community Services Committee Meeting Tuesday, 23 November 2021

Date Tuesday, 23 November 2021

Time following the Infrastructure Committee

Location Council Chamber
District Council Building
King George Place
Timaru

File Reference 1462178

Timaru District Council

Notice is hereby given that a meeting of the Community Services Committee will be held in the Council Chamber, District Council Building, King George Place, Timaru, on Tuesday 23 November 2021, at the conclusion of the Infrastructure Committee meeting.

Community Services Committee Members

Cr Richard Lyon (Chairperson), Cr Stu Piddington (Deputy Chairperson), Cr Allan Booth, Cr Peter Burt, Cr Barbara Gilchrist, Cr Gavin Oliver, Cr Paddy O'Reilly, Cr Sally Parker, Cr Steve Wills and Mayor Nigel Bowen

Quorum – no less than 2 members

Local Authorities (Members' Interests) Act 1968

Committee members are reminded that if you have a pecuniary interest in any item on the agenda, then you must declare this interest and refrain from discussing or voting on this item, and are advised to withdraw from the meeting table.

Symon Leggett

Group Manager Recreation & Cultural Services

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- 1 Apologies**
- 2 Identification of Items of Urgent Business**
- 3 Identification of Matters of a Minor Nature**
- 4 Declaration of Conflicts of Interest**
- 5 Chairperson's Report**

6 Confirmation of Minutes

6.1 Minutes of the Community Services Committee Meeting held on 12 October 2021

Author: Andrew Feary, Governance Advisor

Recommendation

That the Minutes of the Community Services Committee Meeting held on 12 October 2021 be confirmed as a true and correct record of that meeting and that the Chairperson's electronic signature be attached.

Attachments

- 1. Minutes of the Community Services Committee Meeting held on 12 October 2021**



MINUTES

Community Services Committee Meeting Tuesday, 12 October 2021

Ref: 1462178

**Minutes of Timaru District Council
Community Services Committee Meeting
Held in the Council Chamber, District Council Building, King George Place, Timaru
on Tuesday, 12 October 2021 following the Infrastructure Committee**

Present: Cr Richard Lyon (Chairperson), Cr Stu Piddington (Deputy Chairperson), Cr Allan Booth, Cr Peter Burt, Cr Barbara Gilchrist, Cr Gavin Oliver, Cr Paddy O'Reilly, Cr Sally Parker, Cr Steve Wills, Mayor Nigel Bowen

In Attendance: Bede Carran (Chief Executive), Grant Hamel (Customer Services Manager) Erik Barnes (Acting Group Manager Commercial & Strategy), Alison Talbot (Temuka Community Board- via Zoom), Wayne O'Donnell (Geraldine Community Board), Hannah Goddard-Coles (Director Engagement & Culture), Symon Leggett (Group Manager Recreational & Cultural Services), Paul Cooper (Group Manager Environmental Services), Mark Low (Strategy & Corporate Planning Manager), Nicole Timney (Manager of Property Services & Client Representative), Craig Motley (Recreation Facilities Manager)

1 Apologies

There were no apologies.

2 Identification of Items of Urgent Business

There were no items of urgent business.

3 Identification of Matters of a Minor Nature

Cr Allan Booth requested a discussion around the current Covid-19 Level 2 Restrictions.

4 Declaration of Conflicts of Interest

There were no declarations of conflicts of interest.

5 Chairperson's Report

Since the last Community Services Committee meeting on the 31 August 2021, the chairperson has attended various meetings.

Motion

Resolution 2021/19

Moved: Cr Richard Lyon

Seconded: Cr Peter Burt

That the Chairpersons report be accepted.

Carried

6 Confirmation of Minutes

6.1 Minutes of the Community Services Committee Meeting held on 31 August 2021

Motion

Moved: Cr Paddy O'Reilly

Seconded: Cr Barbara Gilchrist

That the Minutes of the Community Services Committee Meeting held on 31 August 2021 be confirmed as a true and correct record of that meeting and that the Chairperson's electronic signature be attached.

7 Reports

7.1 2020/2021 Outdoor Pool Extended Season Review and Proposed Season 2021/2022

The Recreation Facilities Manager & Group Manager Recreational & Cultural Services updated the Committee on the extended Outdoor Pool season which was trialled in March/April 2021. Staffing is an issue particularly towards the end of the summer season when high schools and universities restart for the year. This may also be an issue for the start of the summer season this year due to exams being rescheduled due to the coronavirus restrictions; impacting on high school & university students ability to staff the pools.

The pool season may extend longer at the end of the season with the Receptions Facilities Managers delegation; this is heavily dependent on weather and staffing resources.

Resolution 2021/20

Moved: Cr Paddy O'Reilly

Seconded: Cr Gavin Oliver

That the Community Services Committee approve for the Outdoor Pool season 2021/2022 to revert back to the opening period from Canterbury Show weekend in November, through until the 3rd Sunday in March.

Carried

8 Consideration of Urgent Business Items

There were no items of urgent business.

9 Consideration of Minor Nature Matters

Discussion was held as to the current Level 2 Coronavirus restrictions; focusing on the South Islands' lack of Covid-19 cases and continual breaches of the restrictions in other parts of the country without observable repercussions. Due to South Canterbury's high vaccination rate; the belief held by members of the Committee suggest the South Island should have restrictions eased. Recent media articles and discussions with members of the community detail concern that the lack of coronavirus in the South Island has not been recognised by central Government or that there is no degree of separation between the North & South Islands in terms of levels of restriction or

timeframe indicated for the easing of restrictions. There was encouragement from the Council to the community on the need to vaccinate as there has been indications that the level of vaccinations needs to increase to justify the easing of restrictions.

There have been several initiatives by various groups to increase the uptake of vaccinations, including members of the community driving people from their homes to the vaccination clinics; it was also noted the Council was holding a vaccination clinic for staff & members of their family.

10 Exclusion of the Public

Motion

Moved: Cr Richard Lyon

Seconded: Cr Paddy O'Reilly

That the public be excluded from the following parts of the proceedings of this meeting on the grounds under section 48 of the Local Government Official Information and Meetings Act 1987 as follows:

General subject of each matter to be considered	Reason for passing this resolution in relation to each matter	Plain English Reason
11.1 - Donations and Loans Subcommittee Recommendations	s7(2)(a) - The withholding of the information is necessary to protect the privacy of natural persons, including that of deceased natural persons	To protect a person's privacy

11 Public Excluded Reports

11.1 Donations and Loans Subcommittee Recommendations

12 Readmittance of the Public

Motion

Moved: Mayor Nigel Bowen

Seconded: Cr Paddy O'Reilly

That the meeting moves out of Closed Meeting into Open Meeting.

The Meeting closed at 1124.

.....

Richard Lyon

Chairperson

7 Reports

7.1 2021 YMCA South and Mid Canterbury Youth Survey Report

Author: Symon Leggett, Group Manager Recreation & Cultural Services

Authoriser: Symon Leggett, Group Manager Recreation & Cultural Services

Recommendation

That the report be received and noted.

Purpose of Report

- 1 To receive the 2021 YMCA South and Mid Canterbury Youth Survey Report.

Assessment of Significance

- 2 This matter is of moderate significance under the Council's Significance and Engagement Policy due to the level of community interest and the positive impact this information will provide in regards to our youths wellbeing needs.

Discussion

- 3 The YMCA South and Mid Canterbury has a service agreement with the Timaru District Council to provide ongoing non-faith based Youth Support Services for our district.
- 4 The YMCA complete a youth survey every two years. This biannual survey seeks to give a voice to our younger people aged 12 to 24, living in the Mid Canterbury and South Canterbury region.
- 5 Attached is the 2021 YMCA South and Mid Canterbury Youth Survey Report.
- 6 Keith Shaw, General Manager and Christina Cullimore, Acting Youth & Community Development Manager for YMCA South and Mid Canterbury, will be present to talk to the Survey report.

Attachments

1. **2021 YMCA South and Mid Canterbury Youth Survey Full Report**  

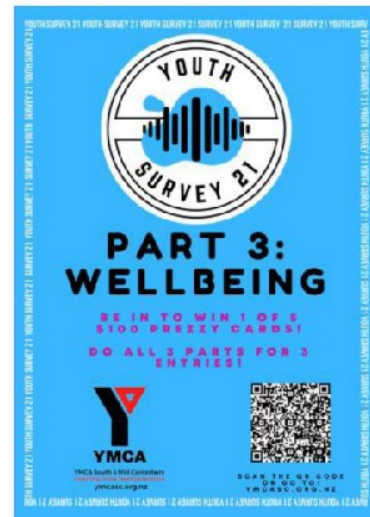
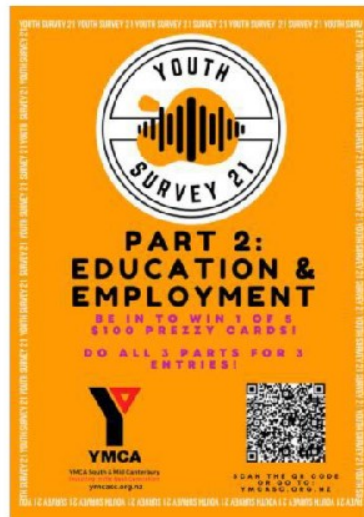


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Phone: (03) 688 3682
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YMCA South & Mid Canterbury Youth Survey



Results Report September 2021

Investing in the Next Generation

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BACKGROUND & METHODOLOGY

The two-yearly YMCA South & Mid Canterbury Youth Survey seeks to give a voice to young people ages 12-24 years living in the Mid and South Canterbury region. After comprehensive surveys in 2014 and 2015 of Timaru District young people, the survey expanded to include Ashburton, Mackenzie, and Waimate Districts in 2017 and 2019.

Survey respondents are advised that their collective responses will be shared with local government, health, education and social sector organisations and the business community to help inform and improve services for young people. It is the YMCA's great hope and expectation that service providers, planners, strategists and decision-makers across our region will take note and take action.

Changes to this year's survey included splitting the survey into three parts – Attitudes, Education & Employment, and Wellbeing – so that each of part would take only five minutes to complete. The move to a 3-part survey was designed to make the survey more youth-friendly and ensure a greater proportion of complete responses to all questions. The tactic proved wildly successful. This year's survey garnered a record number of responses: 1243 for Attitudes, 862 for Education & Employment, and 853 for Wellbeing.

To enable comparison and identify any emerging trends or shifts in responses, the online survey used largely the same questions as previous iterations. The 2021 survey also included expanded questions on volunteering, and for the first time questions pertaining to the impact of Covid-19, work readiness, driver licences, career guidance, and behaviours around various drugs, alcohol, vaping, sexting and pornography.

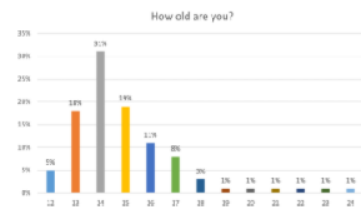
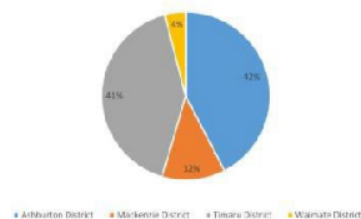
Survey responses were analysed for the combined four Districts, as well as by individual District and age. The Appendix on page 17 shows a complete set of charts comparing survey results by District. **The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.** Responses also were analysed by gender; however, within each category no significant differences to overall findings were noted. Key findings are described on the following pages.

DEMOGRAPHICS

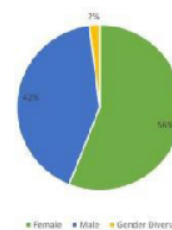
- An average of 986 young people aged 12-24 years participated across the three parts of the survey. The sample size corresponds to a 95% confidence level with a +/- 3 percent margin of error. 2018 Census figures show approximately 13,317 12-24 year olds residing in the combined Ashburton, Mackenzie, Timaru, and Waimate Districts, 6126 females and 7191 males.
- Age representation in survey sample compared to the Census' 12-24 age group District population was 12-14 years 54% vs. 26%, 15-19 years 42% vs. 39%, 20-24 years 5% vs. 35%.
- Gender representation was 56% female/42% male/2% gender diverse vs. the Census' 46% female/54% male.
- Ethnicity in the survey sample was largely in line with 2018 Census data for the overall population of the combined Districts. Māori, Pacific Peoples and Asian were slightly higher than Census levels, while NZ European, Middle Eastern/Latin American/African, and Other were slightly lower.



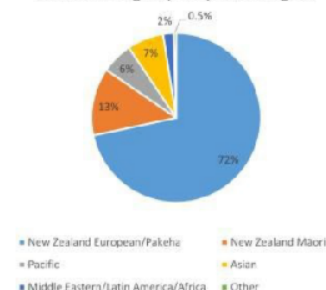
In which part of Mid and South Canterbury do you live?



What's your gender?



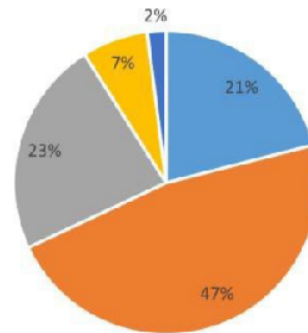
What ethnic group do you belong to?



ATTITUDES

- **Young people continue to have a largely positive view of the Districts where they live**, with 68% saying their District is a good place to be a young person, up from 64% in 2019 (by District: Ashburton: 66%, Mackenzie: 73%, Timaru: 70%, Waimate: 68%). 23% were 'unsure'.
- **Having things to do and safety are by far most important to young people when it comes to living in their District**, a consistency which stretches back to our 2014 survey. Also important are Good Jobs/ Opportunities/Good Schools, Supportive/Friendly Community and Outdoors/ Sports.
- **About three-quarters of young people agree or strongly agree there are good opportunities to find employment/change jobs (78%) and for study/training (74%) in their District –a significant increase from 2019 (65% and 72% respectively).** However, the percentage of young people disagreeing or strongly disagreeing increases sharply from age 18, when many young people may be seeking full-time employment for the first time or looking to enrol in post-secondary education/training.
- **41% of young people disagree or disagree strongly that there are opportunities for them to advance a career locally**, down from 49% in 2019. This improved result may reflect efforts by the likes of My Next Move and the Mayor's Taskforce for Jobs to

Is the District where you live a good place to be a young person?

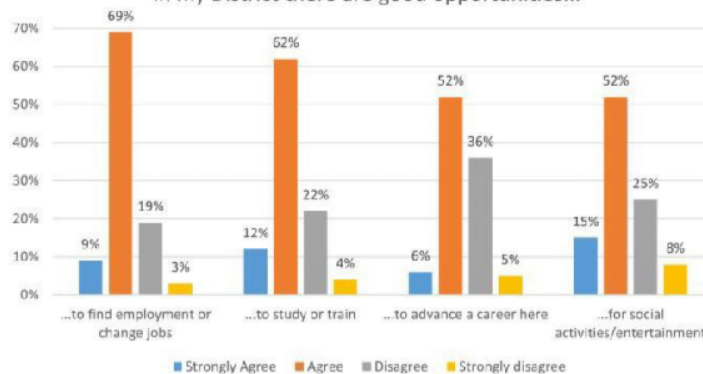


■ Yes, absolutely ■ Yes ■ Not Sure ■ No ■ Definitely not

What is important to you as a young person living in your District?



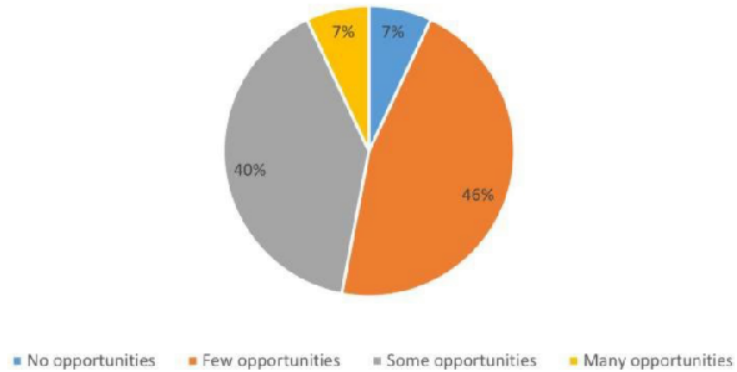
In my District there are good opportunities...



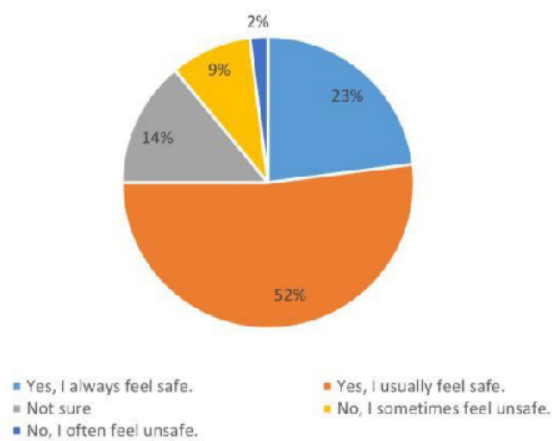
increase awareness of employment and career opportunities throughout the region.

- **33% disagree or disagree strongly that there are good opportunities for social activities and entertainment in their District**, down from 47% in 2019. The percentage who disagree or strongly disagree increases gradually between ages 15-18, when it levels off at about 46%.
- **Views about opportunities for employment, study/training, career advancement, and social activities/entertainment become more negative with age**, following a similar trend noted in all surveys going back to 2014.
- **53% (2019: 54%) of young people believe there are 'no' or 'few' opportunities in their District for them to participate in or influence decisions that affect them.** This proportion is broadly similar across the four Districts. **This negative perception appears to take hold early**, with 39% of 12-year-olds holding this view, increasing to, and levelling off at 67% at age 18.
- **Safety is important to young people, who cite it among their top 3 considerations in their feelings about their District.** So, it's positive that 75% (2019: 65%) say they 'usually' or 'always' feel safe in their District. The 25% who 'sometimes' or 'often' feel unsafe holds across all age bands.
- **Nearly 1/3 of young people say they participate 'regularly' or 'sometimes'**

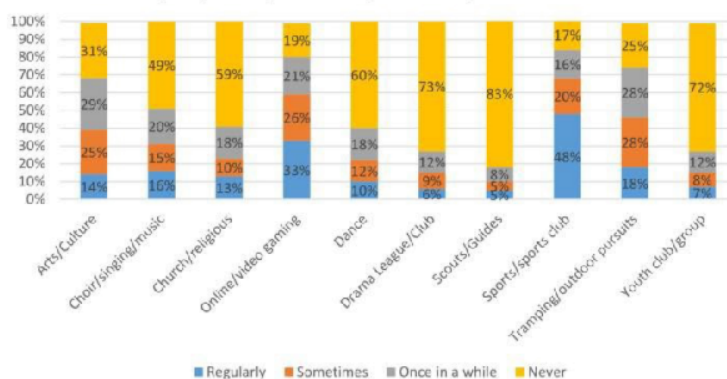
Are there opportunities in your District for you to influence decisions and policies that affect you?



Is your District a safe place to be a young person?

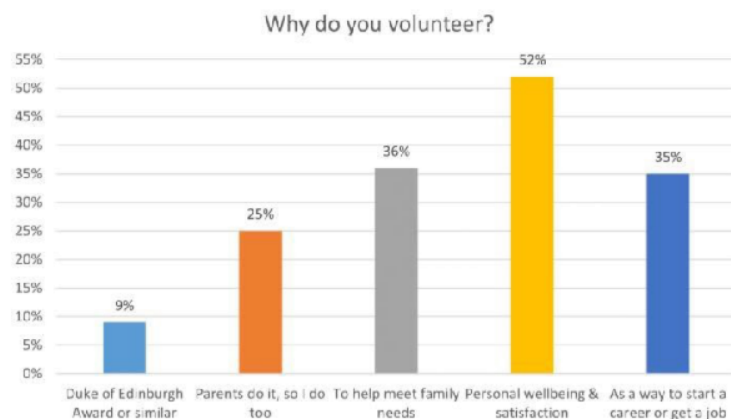
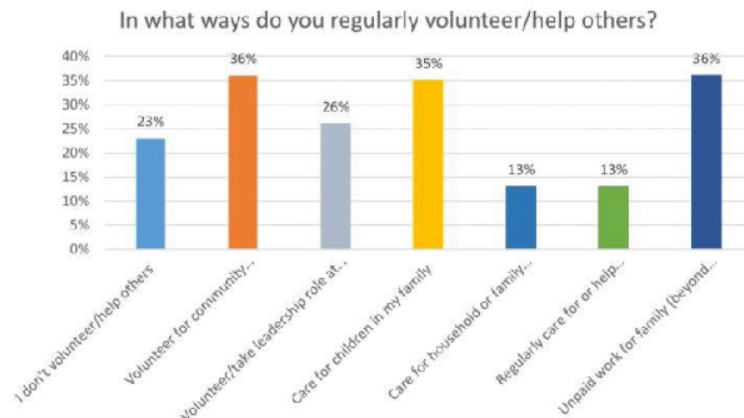


Do you participate in any of these youth activities?

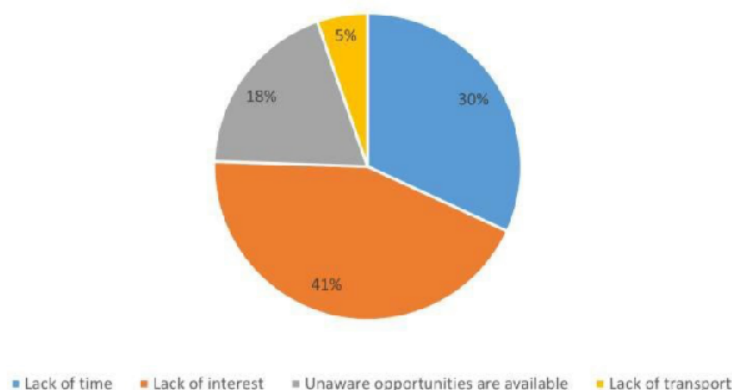


in a wide range of activities included in the survey. Sport continues to enjoy the highest participation, followed by online/video gaming and tramping/outdoor pursuits. Participation rates for all activities are highest during school-age years, and in general drop off from age 18 onwards. The exception to this trend is online/video gaming and tramping/outdoor pursuits, with participation 'regularly' or 'sometimes' in each holding above 50% across all age bands.

- **'Not interested' (70%, 2019: 66%) was by far the main reason given for not participating, followed by 'too busy' (49%, 2019: 44%).** Cost (25%) and transportation (20%) were cited more by those under age 18 and by Mackenzie and Waimate respondents. 'Other' responses included: Anxiety/Lack of Confidence, Mental Health Issues, Medical Issues, Lack of parental support, Don't know how to access, Didn't know they were available.
- **36% of young people say they volunteer for community organisations/clubs/church, and a similar percentage say look after younger siblings or do unpaid work for family businesses beyond just helping out.** 52% cited 'personal wellbeing/satisfaction' as the main reason they volunteer/help others, followed by 'to meet family needs' (36%) and 'to start a career/get a job' (35%). Only 23% said they do not volunteer/help others at all. Asked what prevents them from volunteering, young people cited 'lack of interest' (41%) and 'lack of time' (30%).
- **57% of respondents saying they are 'very concerned'**



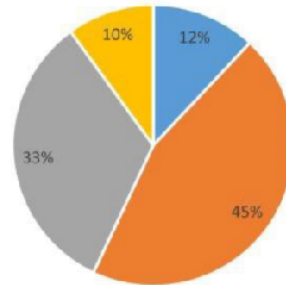
What prevents you from volunteering?



or 'concerned' about environmental issues, a sharp decrease from 75% 2019. The top 3 issues most important to them are the same as in 2019: climate change (42%), water quality (42%) and plastics (40%), which was consistent across ages and districts. Concern about water quality was higher among Ashburton respondents, at 48%.

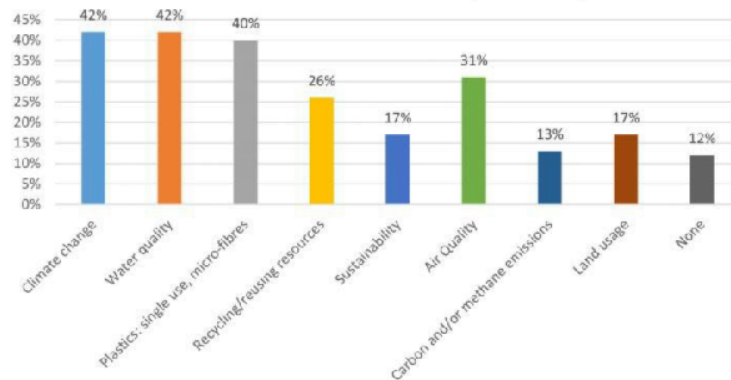
- Better Jobs/Opportunities and Study/Training/University are the main reasons young people choose to leave their District, consistent with responses to this question in every survey since 2014. However, 12% say nothing would influence them to leave.
- Family, Friends, and Job/Career Opportunities are key motivators in the decision to return to their District after spending time away for study, work, OE, or some other reason. Many young people indicated they would return only for a visit or break, or if their District improved in some way – generally in regards to youth-oriented activities, events and amenities.

How concerned are you about environmental issues in your District?



■ Very concerned ■ Somewhat concerned ■ Not very concerned ■ Not at all concerned

What environmental issues are important to you?



What would influence you to move away from the District where you currently live?



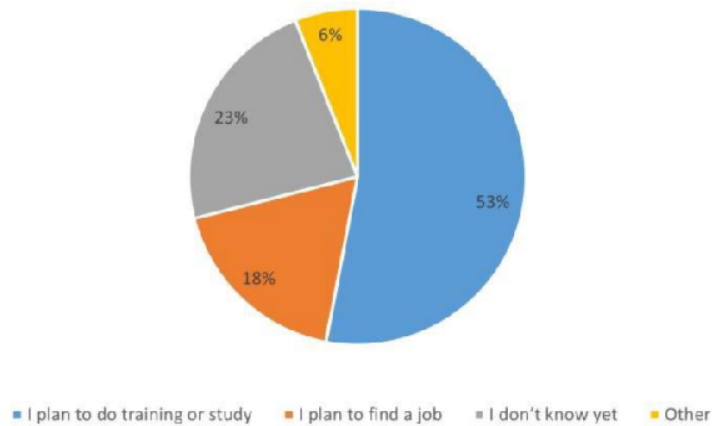
What would influence you to return to after living away?



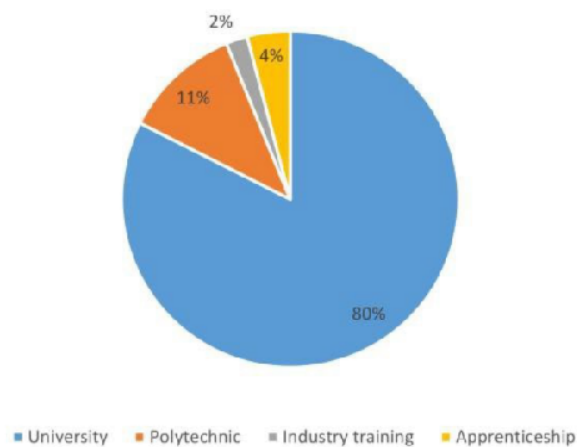
EDUCATION & EMPLOYMENT

- 82% of survey respondents are at secondary school, unsurprising given the proportion of respondents who are age 18 or younger. A further 7% are in tertiary study, 4% in full-time employment, 4% in part-time or casual employment, and 1% are jobseekers.
- After leaving secondary school, 53% of young people plan to undertake further study or training (2019: 54%); 18% plan to go into employment (2019: 13%).** Interestingly, between ages 13-15 about 25% of respondents say they would go into employment following secondary school. This drops to 11% at ages 16-18. Of those indicating they would pursue study or training, 80% are interested in university, 11% in polytechnic, 4% in apprenticeships and 2% industry training. This broadly mirrors 2019 results, with the exception of current increased interest in apprenticeships.
- Christchurch is the preferred locale for tertiary study among Ashburton and Timaru district respondents (34%), while Mackenzie district respondents (42%) prefer Dunedin. Nearly a quarter (23%) of young people are unsure where they wish to pursue further study or training.
- Regarding looking for a full-time job after completing study or training, 25% of young people say they most likely would look in the District where they currently live, while 29% don't know where they would look.**

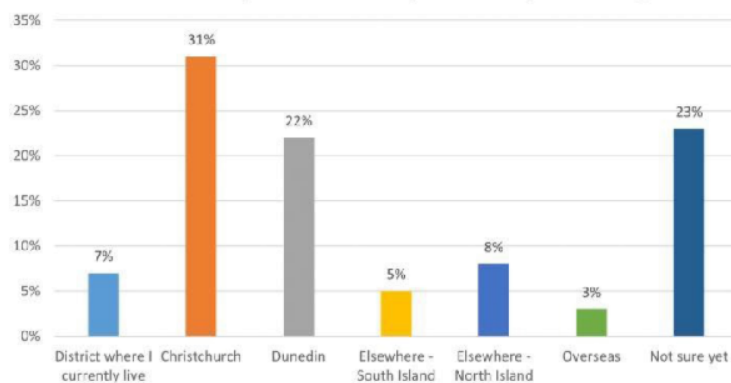
What do you plan to do once you leave secondary school?



What kind of study/training interests you most?



Where would you be most likely to do study or training?



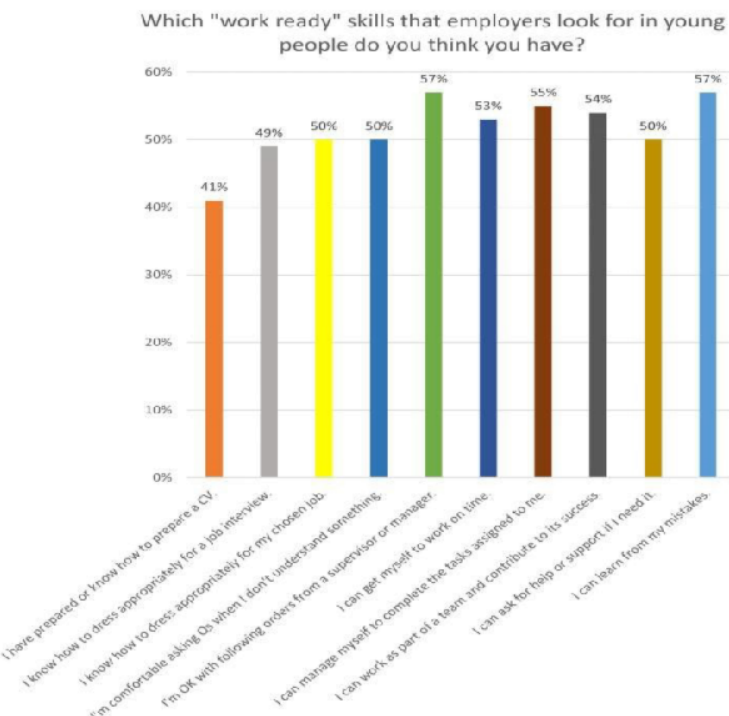
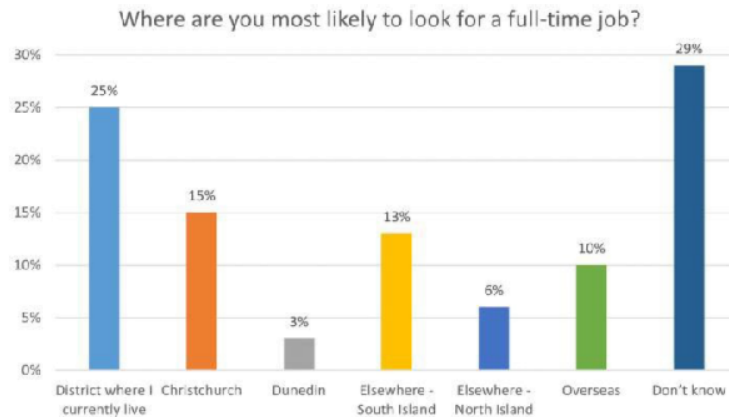
This is consistent with previous survey results back to 2014. Timaru District respondents were more likely to look for employment in the North Island or overseas. Young people have consistently indicated that more and better job opportunities will influence them to remain in or return to their districts. This presents a clear opportunity to decision-makers and employers in each District to develop or expand strategies that will retain or return young people.

- **For the combined four Districts the top 5 preferred career areas are:** Animals/Plants/Nature 22% (2019: 28%), Health 23% (2019: 23%), Education & Community 20% (2019: 14%), Arts & Media 19% (2019: 19%), and Business & Finance 18% (2019: 15%).

As with every survey since 2104 the bottom 3 career areas of interest to young people continue to be some of the region's key sectors: Manufacturing & Production 4% (2019: 5%), Transportation & Distribution 4% (2019: 6%) and Information Technology 7% (2019: 6%).

Top preferred career area by District: Ashburton – Animals/Plants/Nature and Health 21%, Timaru – Health 26%, Mackenzie – Animals/Plants/Nature 26%, and Waimate – Education & Community 26%.

- A new question this year asked respondents age 16+ to indicate whether they believe they have any of the 10 'work ready' skills that are part of the Tertiary



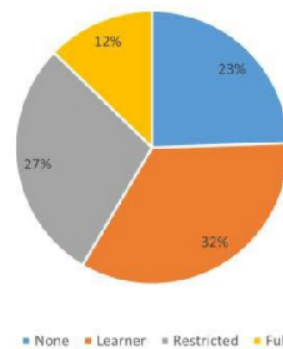
Education Commission's Youth Guarantee Employability Skills Framework. **At least 50% of respondents indicated they had 9 of the 10 'work ready' skills listed.** The exception was "I have prepared or know how to prepare a CV" at 41%. Ashburton District was an outlier across the board, with around 30% of respondents indicating they had the work ready skills listed.

- When asked what support they need to become more 'work ready', young people overwhelmingly indicated that they should be taught this as a course in school, and that more in-depth information on a wide range of industries would be beneficial. They also thought they should be offered more work experience and on-the-job training.
- Only 12% of young people age 16+ have a full driver licence. 23% have no licence at all. Ashburton District has the highest percentage with no driver licence (37%), while Mackenzie District has the lowest percentage with a full licence (4%).**
- Career guidance offered through the region's secondary schools is viewed as 'helpful' or 'extremely helpful' by 35% of respondents, but nearly 25% said it was 'not at all or not so helpful'. Only 10% of respondents overall were aware of the My Next Move initiative and website, however at age 18 the percentage is 24%, perhaps reflecting targeting of this age group.

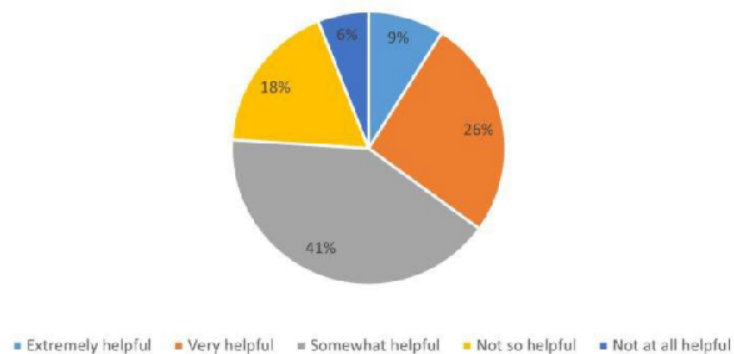
What support would you need to become more 'work ready'?



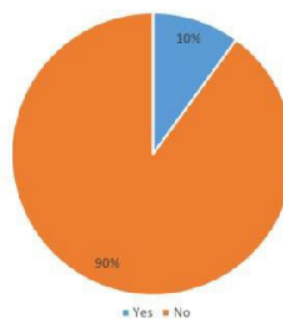
What kind of driver licence do you have?



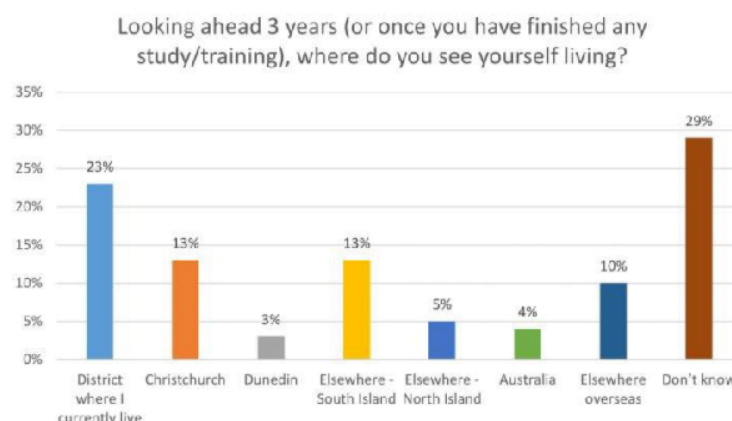
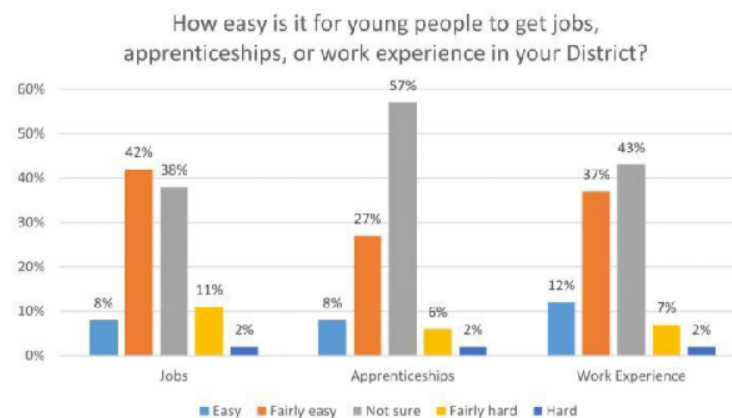
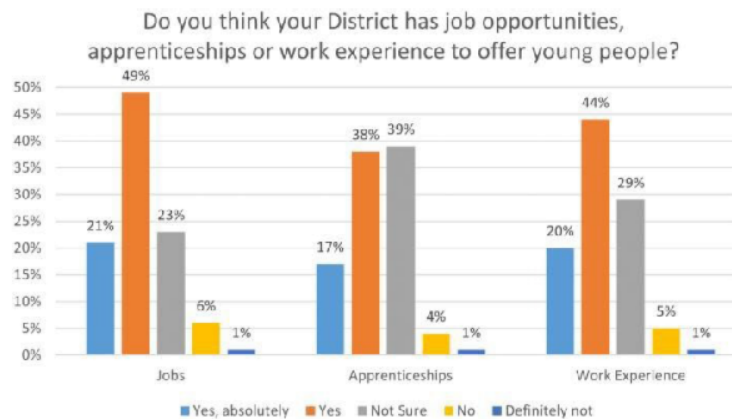
How would you rate the career guidance offered at the secondary school you attend/attended?



Are you aware of My Next Move (mynextmove.nz)?



- A healthy 70% of young people say their District has job opportunities to offer them, and 64% say there is work experience on offer. Young people are unsure (39%) of the availability of apprenticeships.** Timaru District was highest (75%) for job opportunities, Mackenzie District was highest (76%) for work experience, and Ashburton District lagged on apprenticeships (47%) and work experience (48%).
- About half of young people say obtaining jobs or work experience in their District is 'easy' or 'fairly' easy (2019: 35%), reflecting a strong employment market at present. However, 57% were unsure about obtaining apprenticeships,** suggesting the need for more information and better communications about the availability of these schemes. Young people in Ashburton District were less positive about the ease of obtaining jobs (45%), apprenticeships (27%) and work experience (41%). **Across all categories and Districts, the percentage saying these opportunities 'fairly hard' or 'hard' to obtain increases from age 16.**
- After finishing any post-secondary study/training, 23% (2019: 19%) of respondents see themselves living back in their District. 29% don't know and 29% see themselves living outside the district but in the South Island, presenting an opportunity to influence decisions to return to the region for employment.** Mackenzie and Waimate young people were less likely (18%) to see



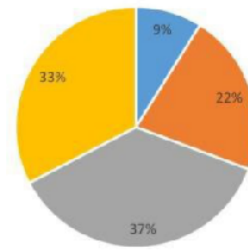
themselves living in their District.

- **Only 9% of respondents say the Covid-19 pandemic has affected their plans for study, training, or jobs 'a lot'**, with the great majority saying the effect has been 'a little', 'not much' or 'not at all'. Following is a summary of comments about how plans have been affected: Can't travel overseas for OE – 14, Can't travel overseas for study/job – 7, Changed my choice of course study – 7, Challenges with online study – 5, Affected my financial situation – 3, Changed my choice of career – 3, Affected my motivation – 2.

WELLBEING

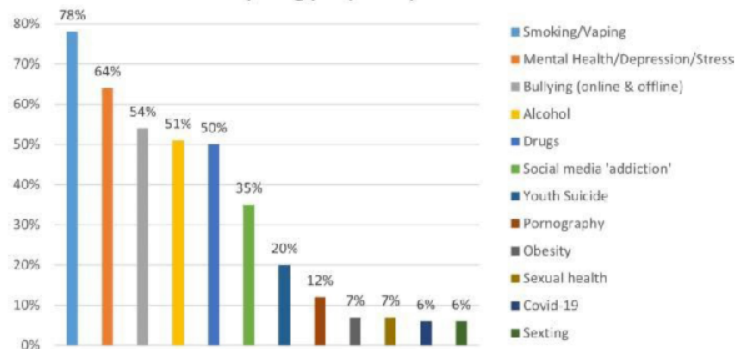
- **Young people identified their top 5 health issues as smoking/vaping 78% (2019: 58%), mental health/depression/stress 64% (2019: 64%), bullying online & offline 54% (2019: 56%), drugs 51% (2019: 58%), alcohol 50% (2019: 56%).**
- **65% of young people said their quality of life is 'good' or 'extremely good'**, a figure which largely holds across all ages and is in line with every survey since 2014. Ashburton Districted slipped to 57% from 68% in 2019.
- **Stress remains an issue for young people. 44% (2019: 40%) say they experience stress that negatively affects them 'most of the time' or 'always'.** By age 16 that figure reaches 59% and continues to increase with age.

Has the Covid-19 pandemic affected your plans for study, training or employment?

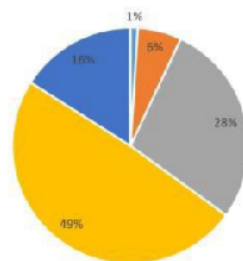


Legend: ■ Yes, a lot ■ Yes, a little ■ No, not very much ■ No, not at all

What are the main health/well-being issues for young people in your District?

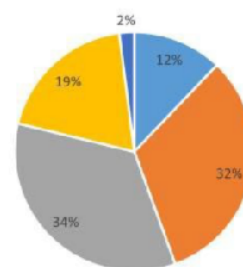


How is your quality of life?



Legend: ■ Extremely poor ■ Poor ■ Average – not good or poor ■ Good ■ Extremely good

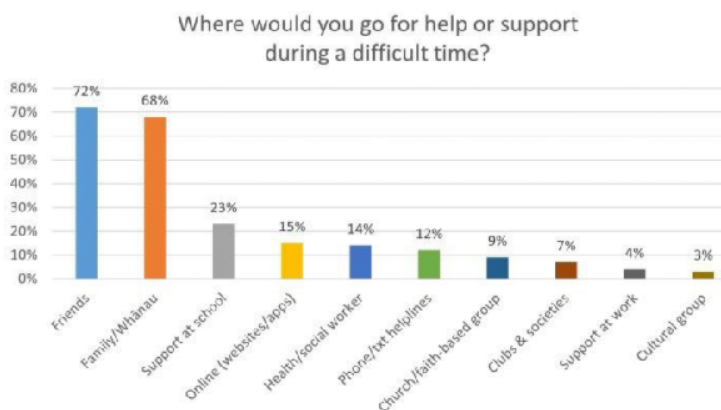
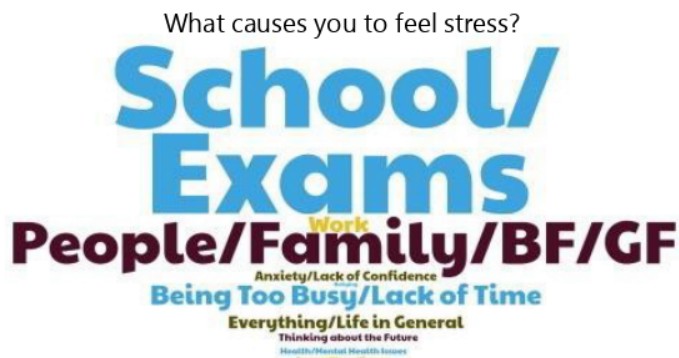
How often in the last 12 months have you experienced stress that has a negative effect on you?



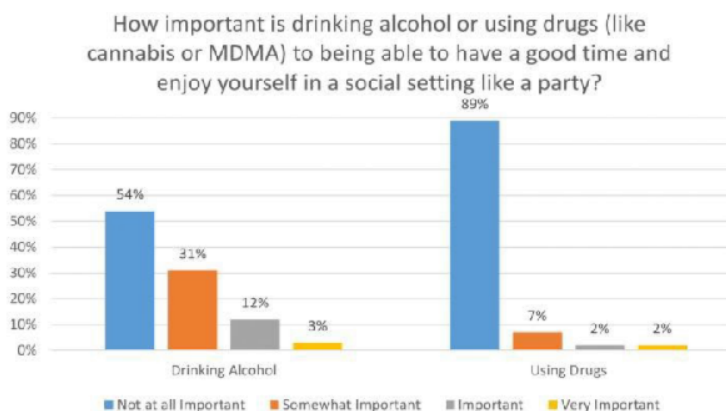
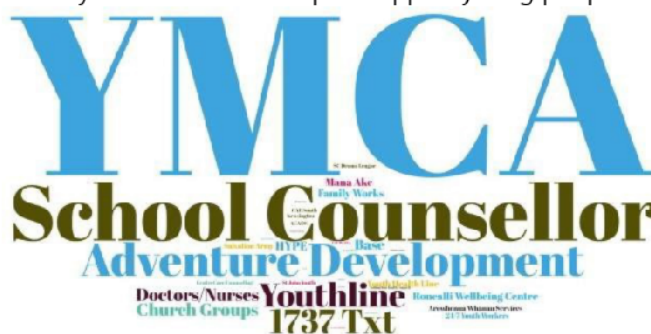
Legend: ■ Always ■ Most of the time ■ Sometimes ■ Rarely ■ Never



- **Unsurprisingly School/ Exams is cited most often as the cause of stress**, followed by relationships with other people/ boyfriends/girlfriends, work, and being too busy. These results are consistent with previous surveys.
- **75% of young people say the Covid-19 pandemic has affected their wellbeing 'not very much' or 'not at all'**. However, it should be noted the majority of survey responses had already been received prior to the start of the second lockdown on 17 August. The Youth Survey closed on 22 August.
- **Young people would turn to friends (72%) and family/whānau (68%) for help or support during a difficult time, and increase from 2019 from 60% and 66% respectively.** This is the first time since the 2014 survey that friends superseded family/whānau as the first port of call for support.
- **YMCA was mentioned most often among places/ organisations known to provide help and support to young people**, followed by school counsellors, Adventure Development, 1737 mental health helpline and Youthline.
- **How important is drinking alcohol or using drugs to young people in order to have a good time in a social setting like a party? 54% (2019: 65%) of respondents said drinking alcohol was 'not important at all', as did 89% for using drugs. 31% said drinking alcohol was 'somewhat important' and 7% said the same about using drugs.** Drinking alcohol gains importance from age 15, with 13% saying it is



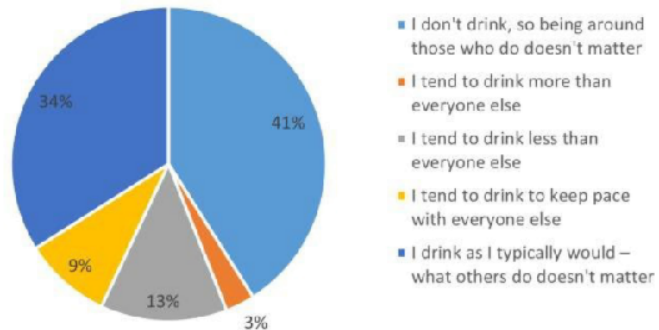
What organisations, groups or programmes do you know of in your District that help or support young people?



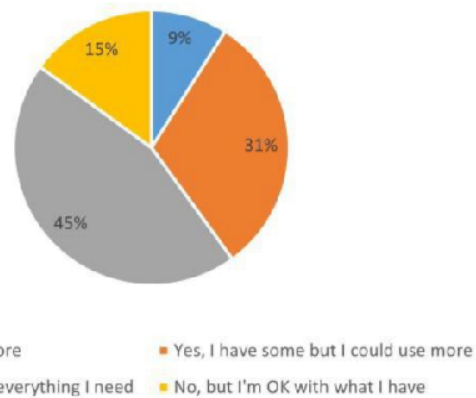
'important' or 'very important' to having a good time. This increases to 26% by age 18. No similar trend is evident for using drugs. Ashburton respondents were most likely to view drinking alcohol as 'not at all important' (62%), while Mackenzie respondents were most likely to view it as 'important' or 'very important' (21%). Timaru respondents were most likely to view using drugs to have a good time as 'somewhat important' (9%).

- **34% of respondents (2019: 31%) said their drinking behaviour does not change when they are around others who are drinking.** Across all age groups, 34% say they don't drink, however that decreases from 100% at age 12 to 15% by age 18. Ashburton respondents (49%) were most likely to say they don't drink. The tendency to keep pace with those around you who are drinking increases with age, with 7% of 15-year-olds citing this behaviour, increasing to 29% of 21-year-olds.
- **41% (2019: 38%) of young people said they could use more information, knowledge and skills to be able to drink safely and responsibly.** 30% of Mackenzie respondents held that view, the lowest of the four districts, while a further 27% said they did not have enough information but were OK with that – the highest of the four districts.
- **36% of respondents have tried vaping, with 12% vaping daily or multiple times daily and 4% vaping 1-2 times per week.** 11% of 12-year-olds had tried

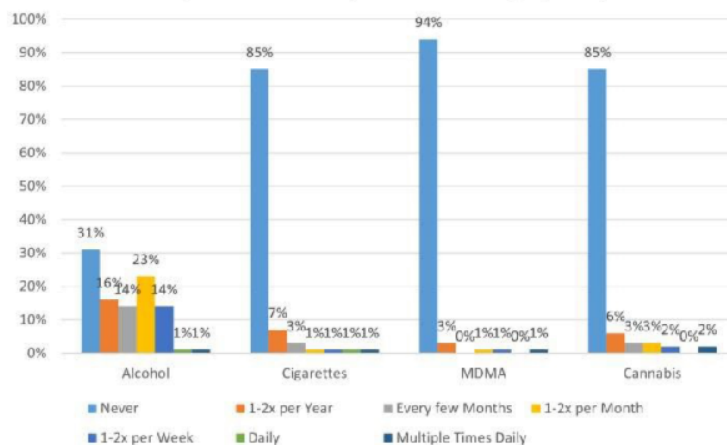
In a social setting like a party, how does being around others who are drinking alcohol affect your own pattern of drinking?



Do you think you have the information, knowledge and skills to be able to drink safely and responsibly?

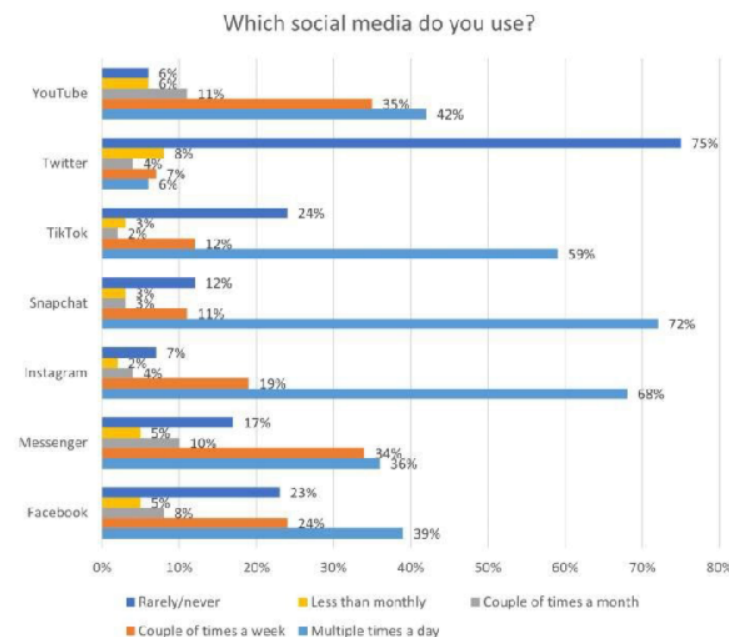
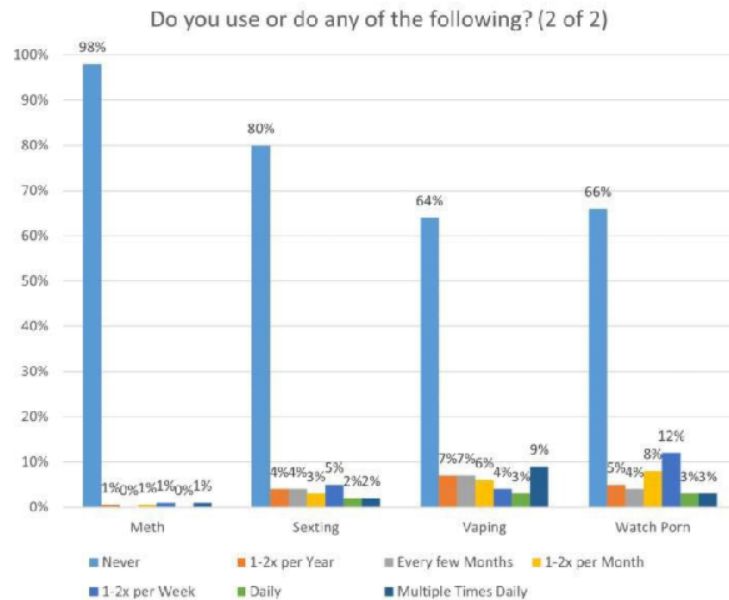


Do you use or do any of the following? (1 of 2)



vaping, while 5% of 13-year-olds vape multiple times daily. This increases steadily to 26% of 18-year-olds. Vaping is marginally higher among Timaru young people.

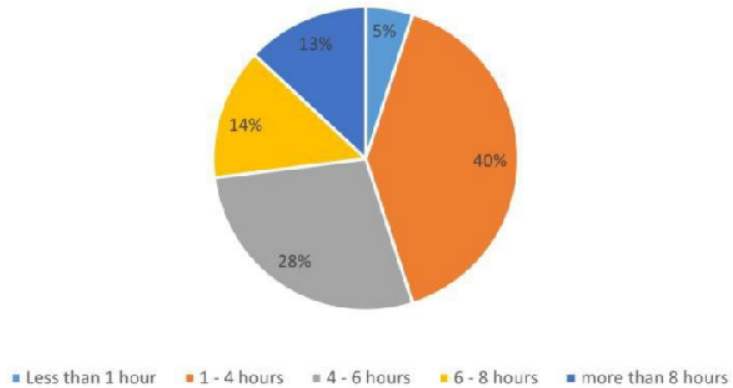
- **34% of young people from age 13 upwards watch pornography, with 12% watching once or twice a week and 8% watching daily or multiple times daily.** At age 17, 44% watch pornography with more than half watching daily or several times a week.
- **In a snapshot of other behaviours:** the majority of respondents (upwards of 64%) say they never use cannabis, cigarettes, meth, MDMA, or sext. However, 16% of respondents use alcohol daily or weekly, 9% sext daily or weekly, 2% say they use meth daily or weekly, 2% say they use MDMA daily or weekly, 4% use cannabis daily or weekly, and 3% smoke cigarettes daily or weekly. There were no significant differences between Districts.
- **Snapchat (72%, 2019: 57%), Instagram (68%, 2019: 68%), and TikTok (59%) are the key social media platforms used by young people multiple times each day.** Usage of YouTube (42%, 2019: 52%), Facebook (39%, 2019: 57%) and Messenger (36%, 2019: 59%) continues to decline, though these platforms retain relevance to those age 18+. As in prior surveys, Twitter is not used much by young people in the region, with 75% saying they use it 'rarely/never'. Usage reported under 'Other' consisted largely of Discord, a messaging app, and



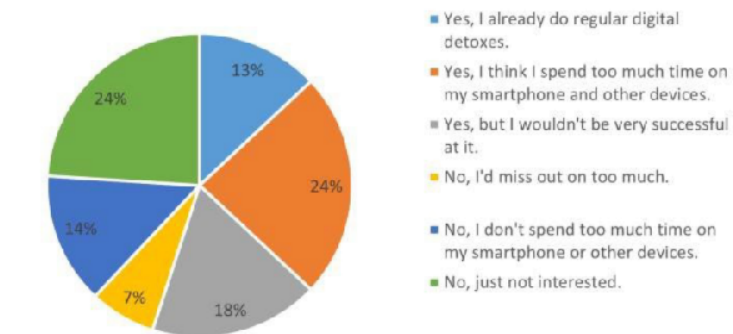
various online gaming apps. No significant differences in usage patterns were noted between Districts.

- **13% (2019: 21%) of survey respondents estimated they spend more than 8 hours each day using social media or streaming content from the internet.** A further 42% (2019: 38%) spend 4-8 hours in such usage. Nearly a third of Ashburton respondents and a quarter of Timaru respondents says they spend 6 or more hours daily using social media or streaming content online.
- **42% of young people would consider undertaking a "digital detox" in order to reduce stress and focus on real world social interaction – or already do this to manage their device usage (13%).**
- **YMCA South & Mid Canterbury delivers two programmes – Resiliency Toolkit and Mates & Dates – in secondary schools throughout the Ashburton, Mackenzie, Timaru and Waimate Districts.** Accordingly, we asked young people if they were aware of the programmes and, if so, what they thought of the programmes. 20% of respondents were aware of The Resiliency Toolkit, compared with 68% who were aware of Mates & Dates. **Half of those familiar with the Resiliency Toolkit programme found it 'very useful' or 'useful', while 63% thought the same about the Mates & Dates programme.**

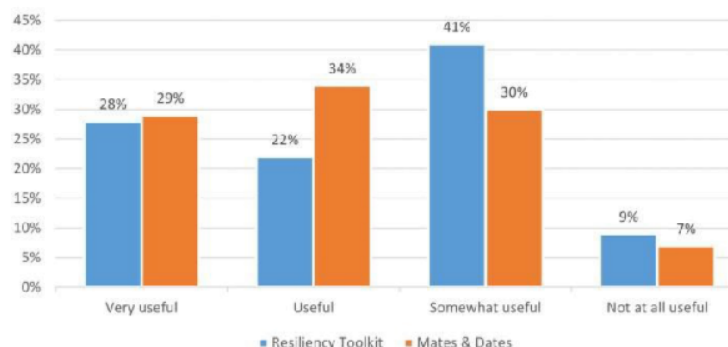
How much time do you spend online daily (using social media, streaming music/video, etc.)?



Would you consider a "digital detox" (not using your smartphone or other devices for a period of time, in order to reduce stress or focus on social interaction offline)?

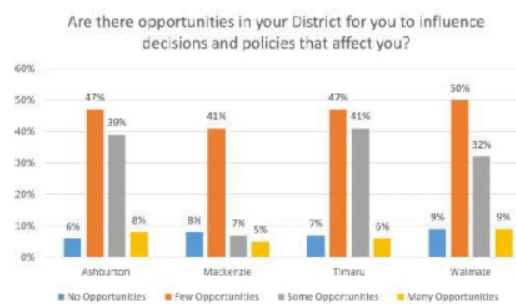
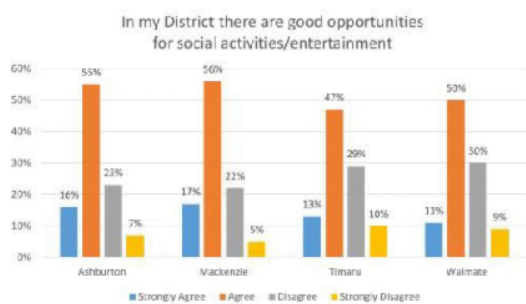
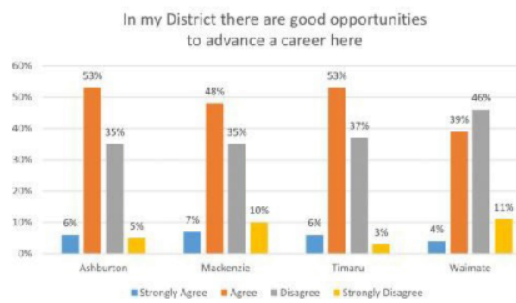
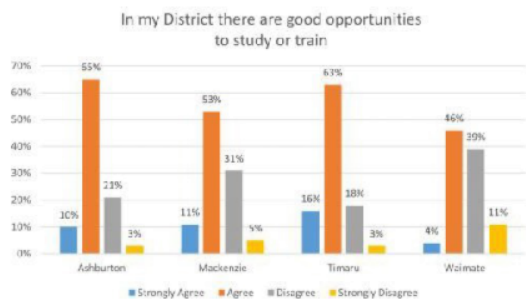
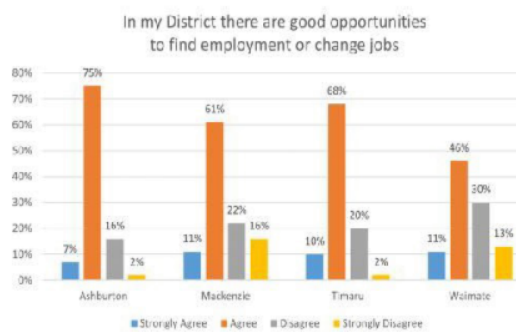
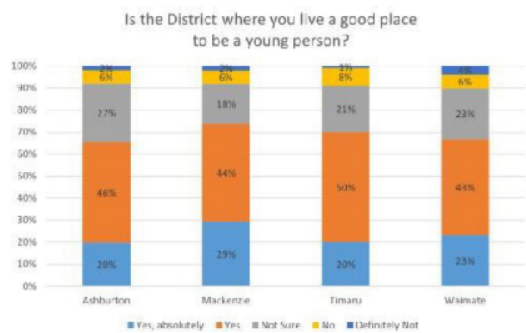
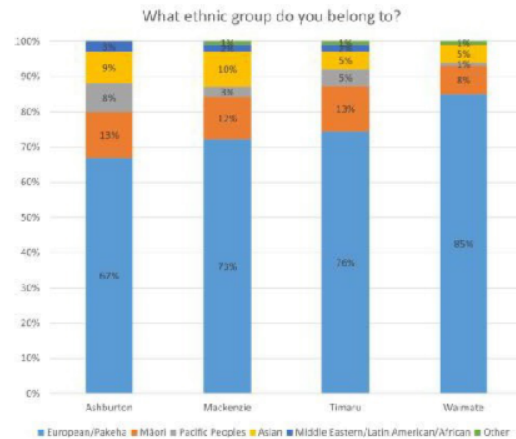
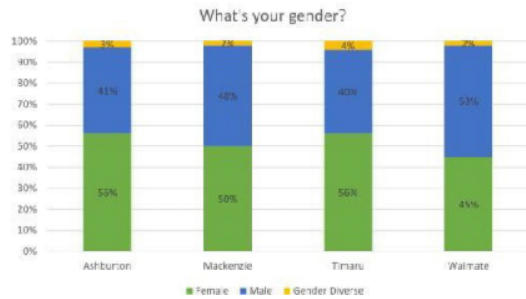


What do you think of the Resiliency Toolkit and/or Mates & Dates programmes?



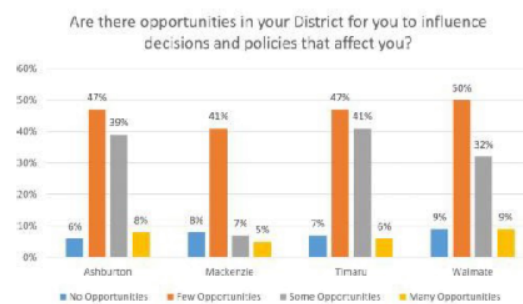
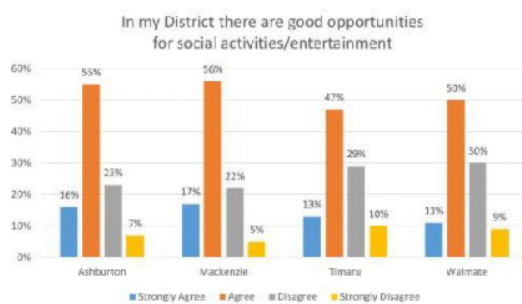
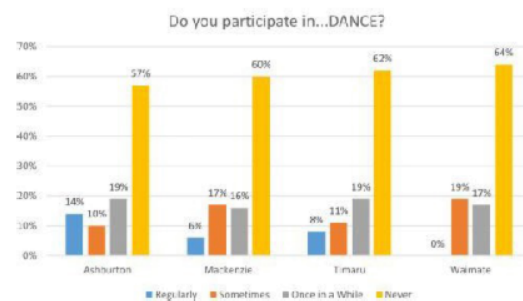
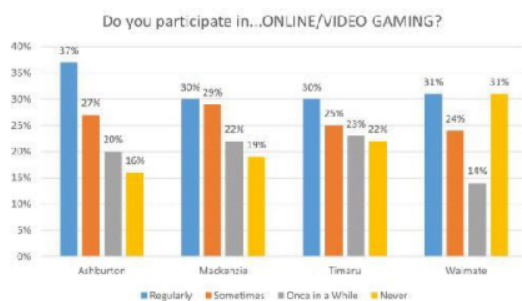
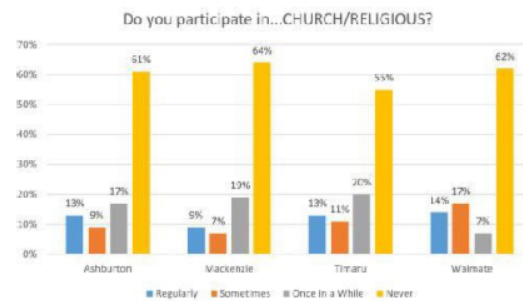
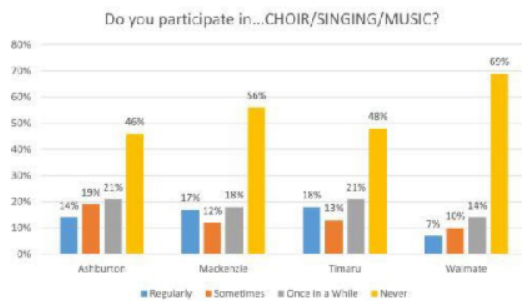
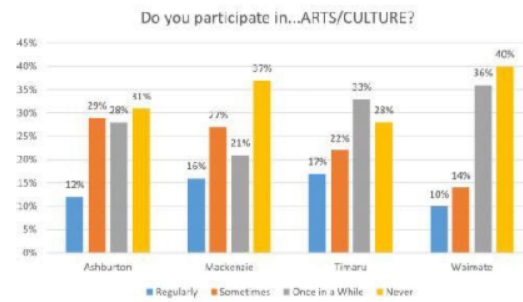
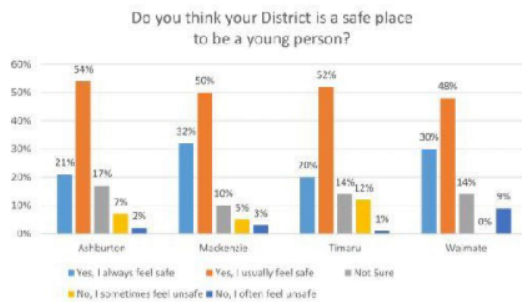
APPENDIX 1: Attitudes Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



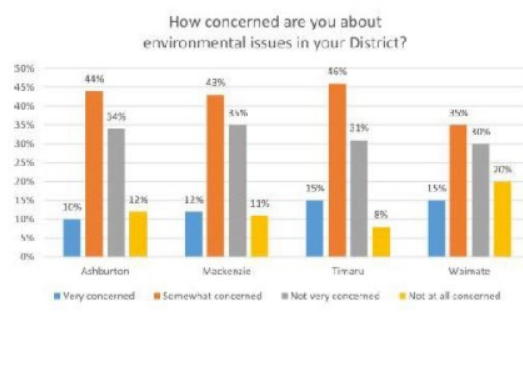
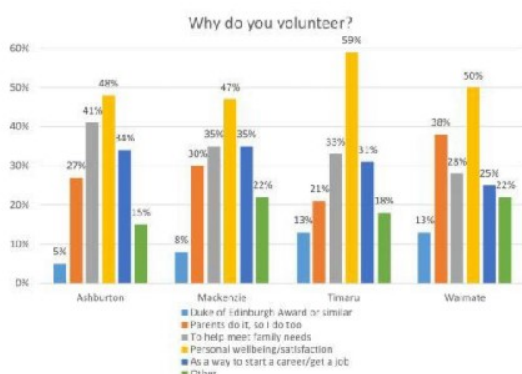
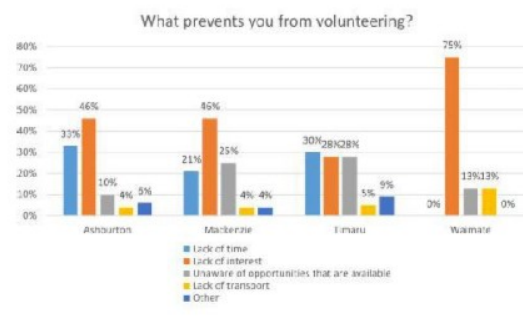
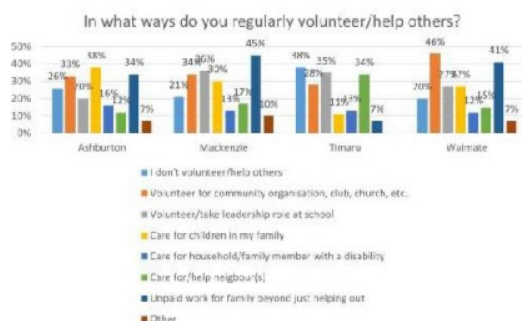
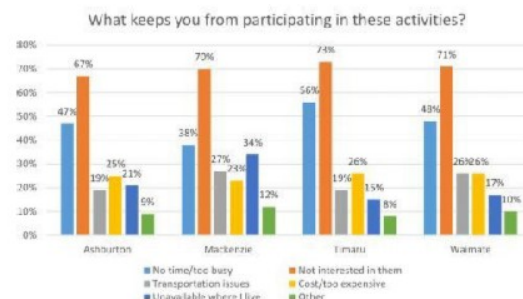
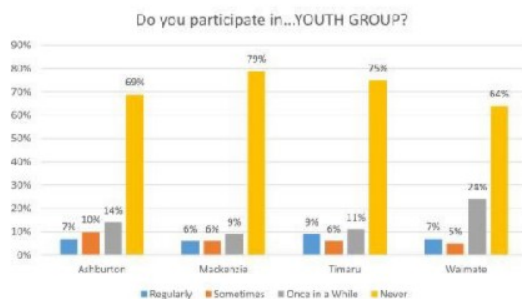
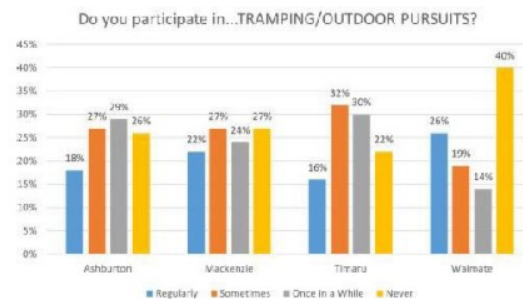
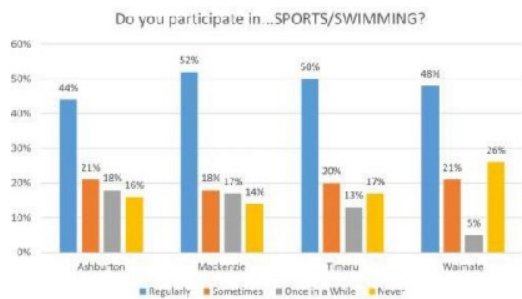
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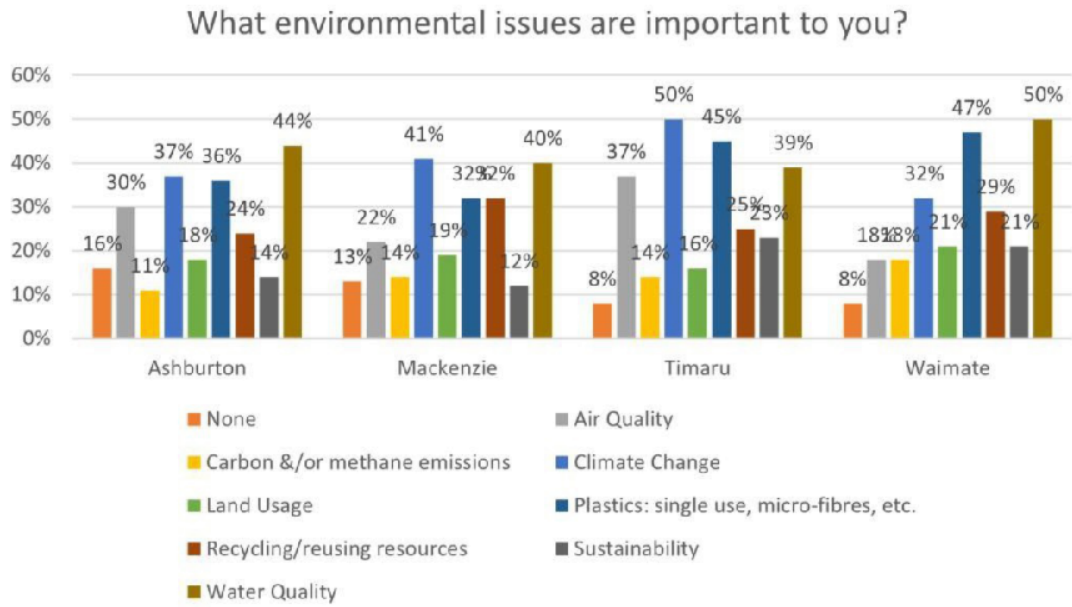
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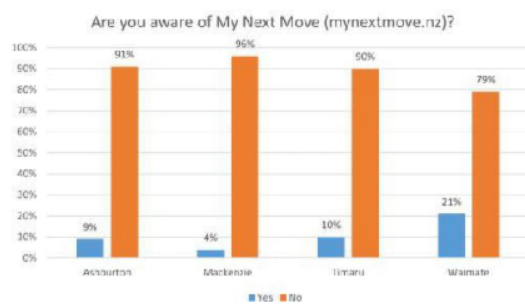
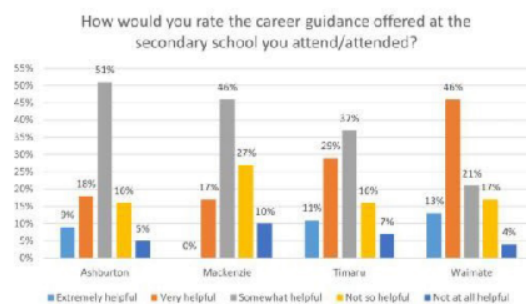
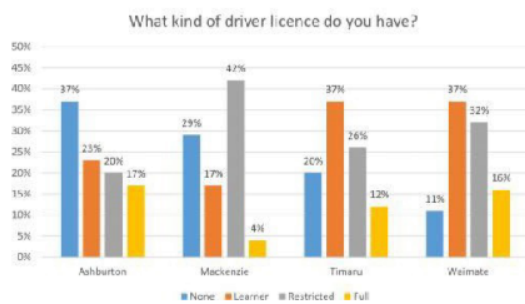
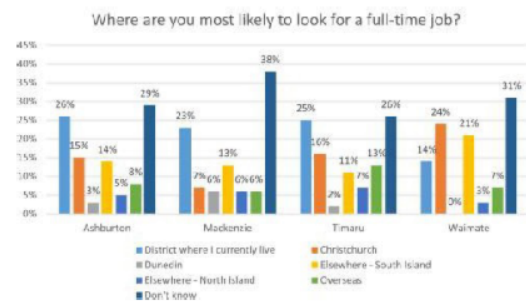
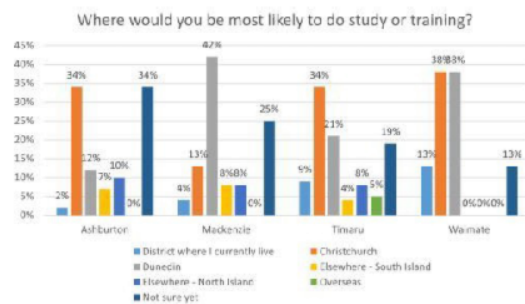
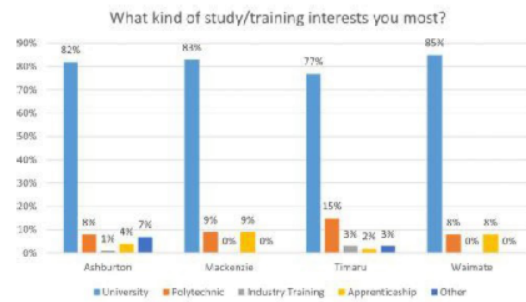
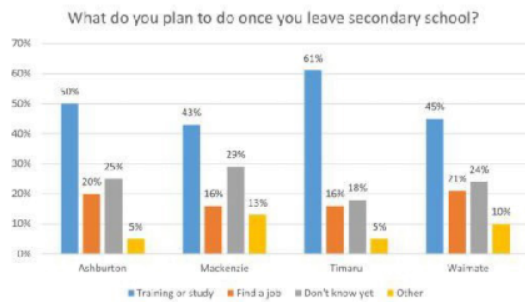
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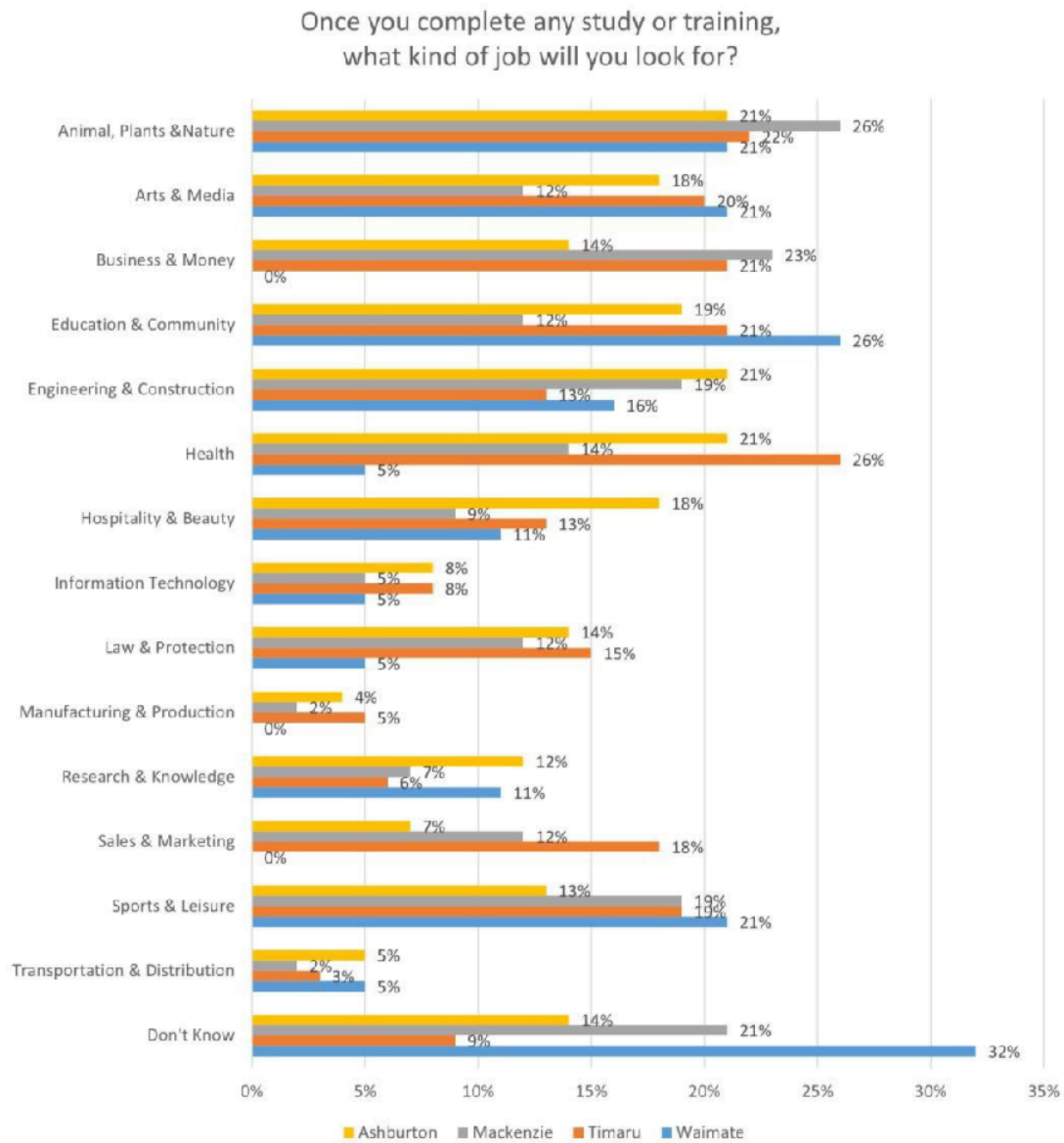
APPENDIX 2: Education & Employment Charts Comparison by District

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APPENDIX 2: Education & Employment Charts Comparison by District

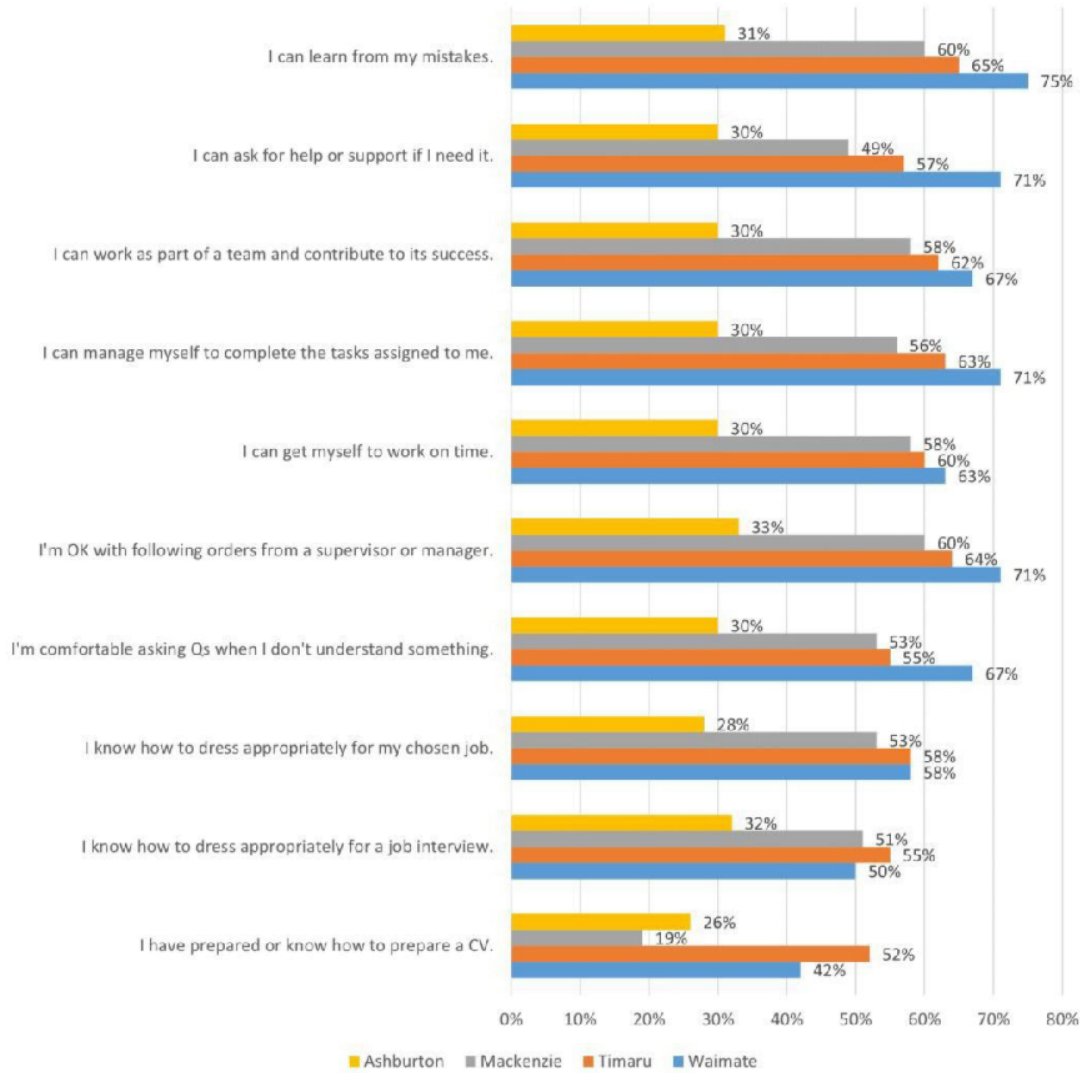
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APPENDIX 2: Education & Employment Charts Comparison by District

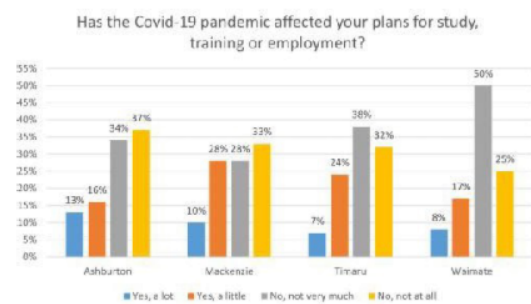
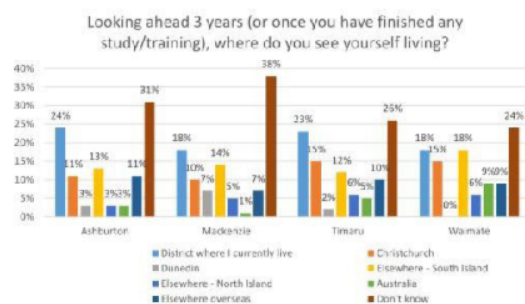
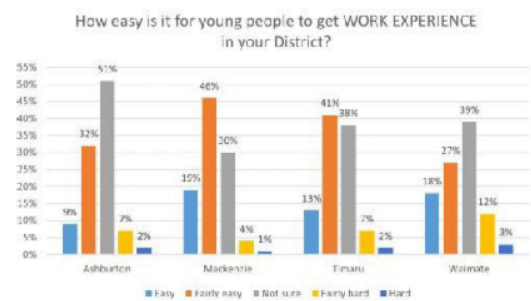
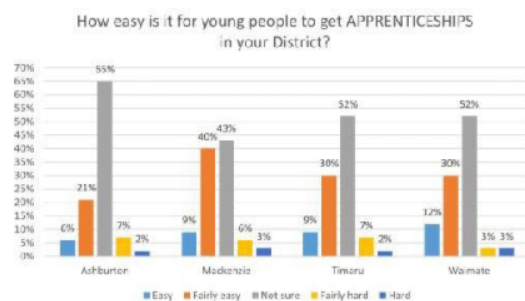
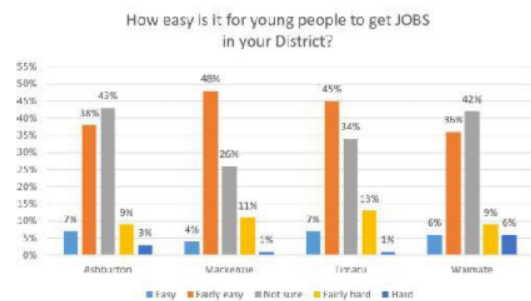
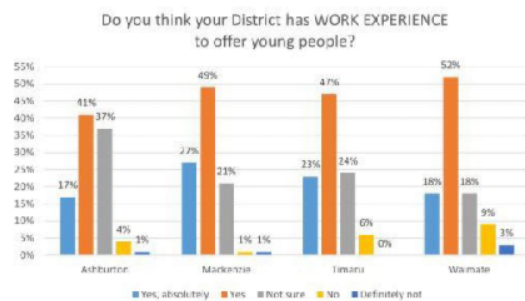
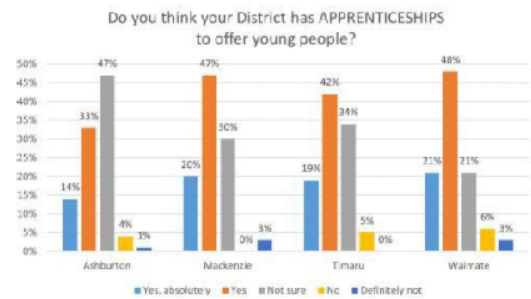
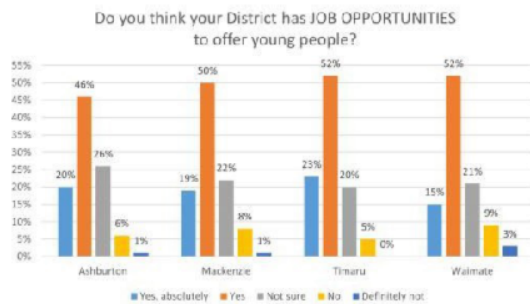
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Which "work ready" skills that employers look for in young people do you think you have?



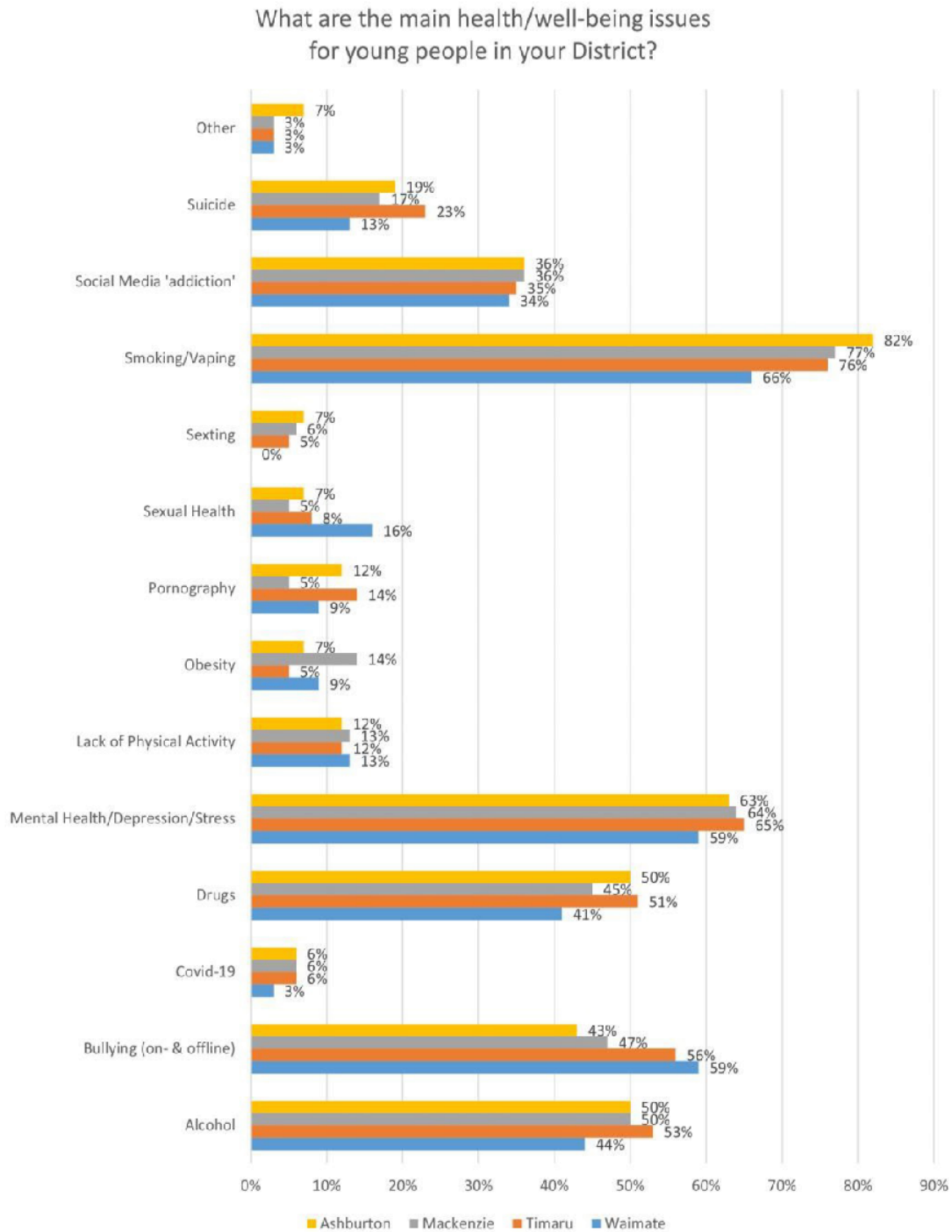
APPENDIX 2: Education & Employment Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



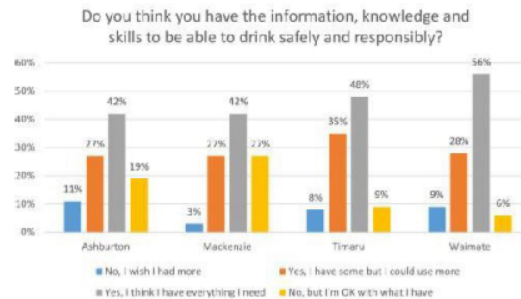
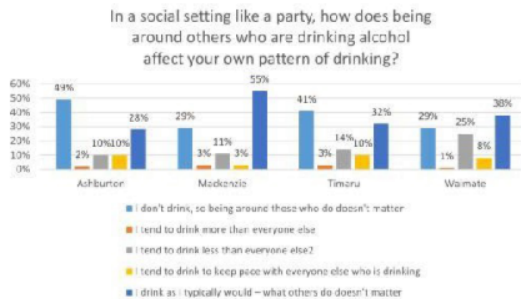
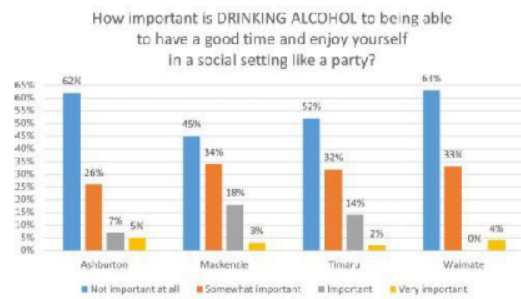
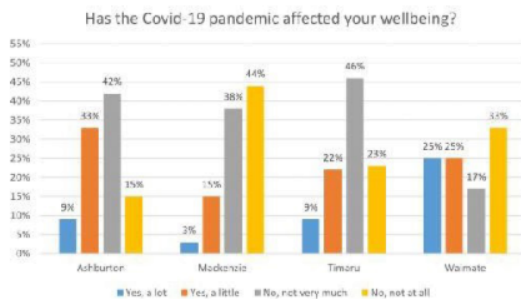
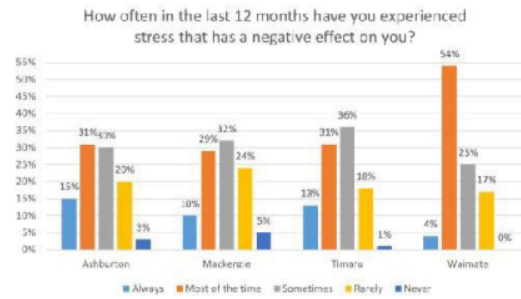
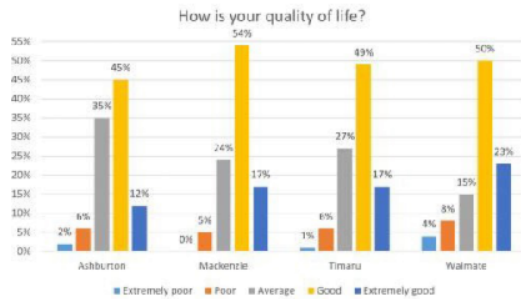
APPENDIX 3: Wellbeing Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



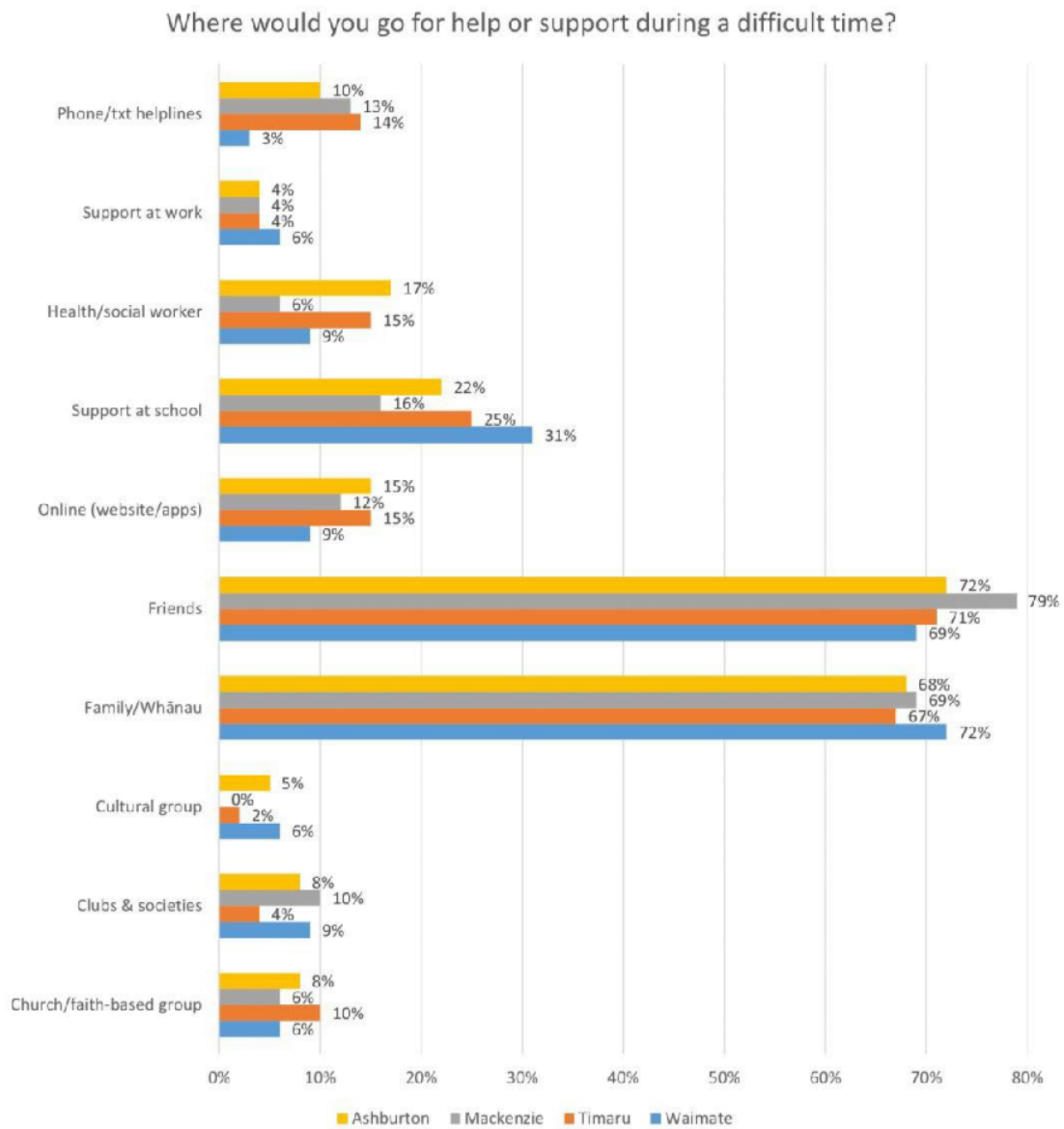
APPENDIX 3: Wellbeing Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



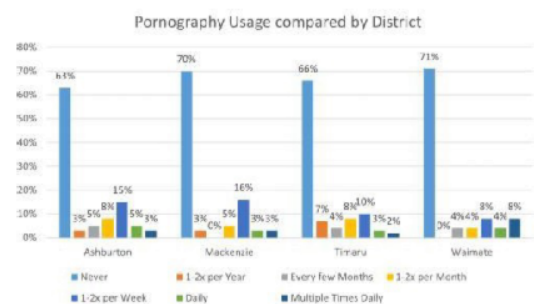
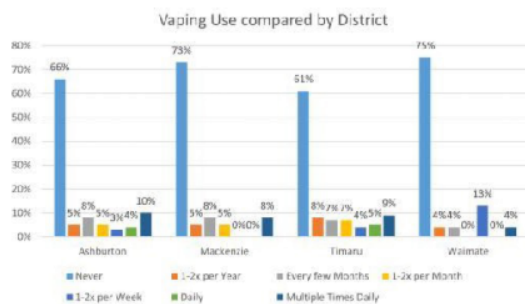
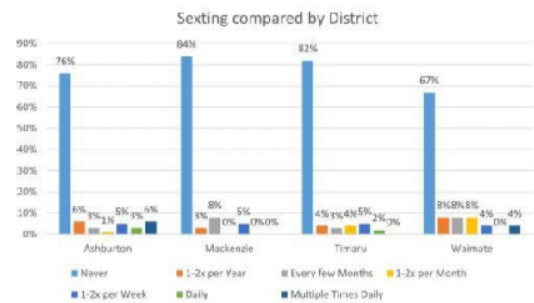
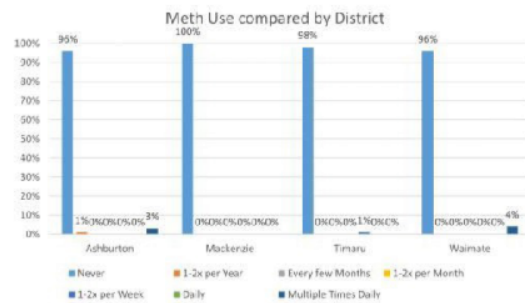
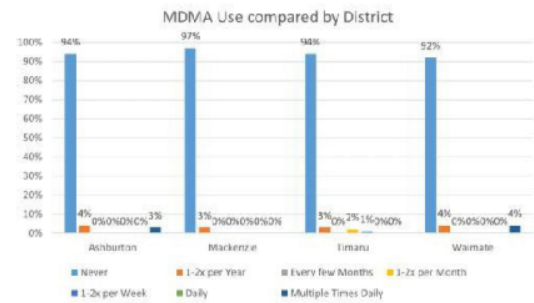
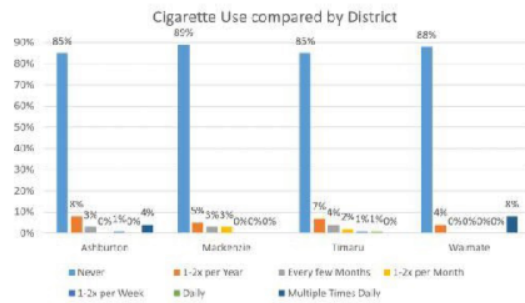
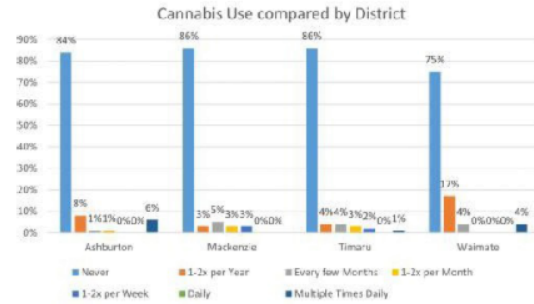
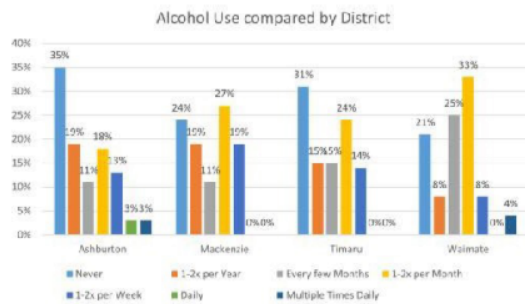
APPENDIX 3: Wellbeing Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



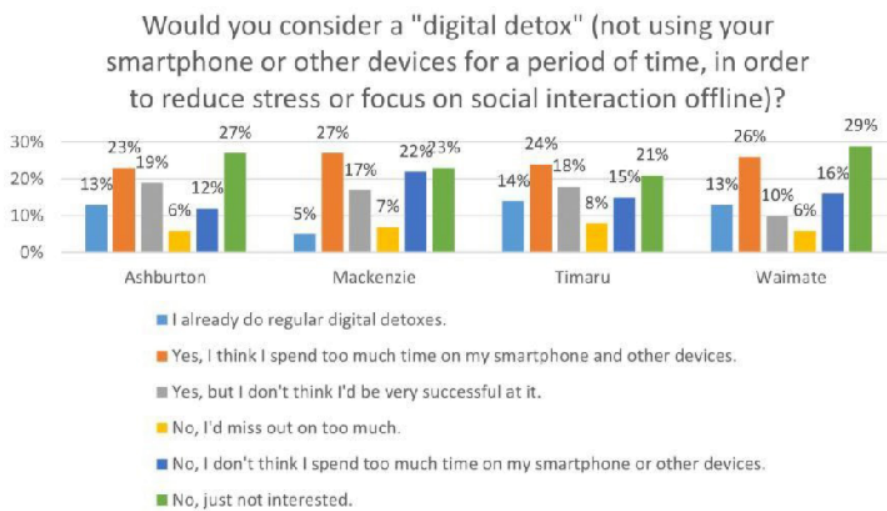
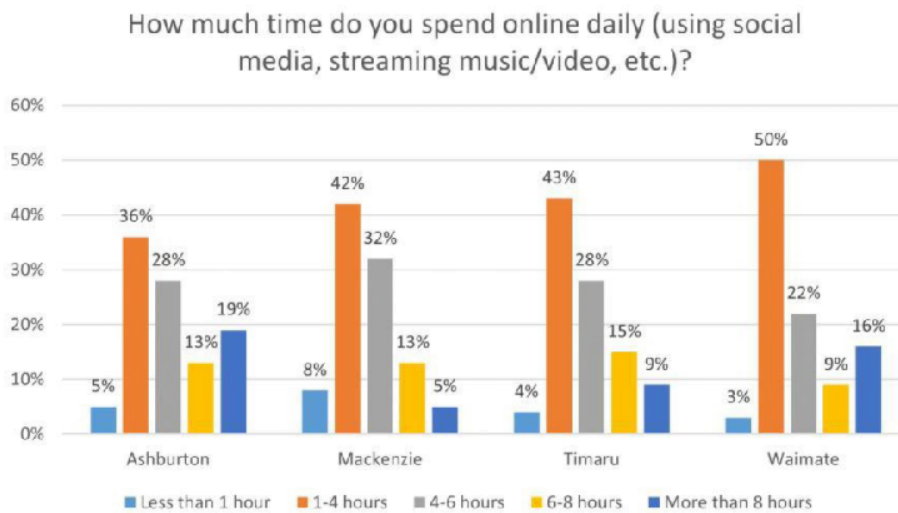
APPENDIX 3: Wellbeing Charts Comparison by District

NOTE: The number of responses for the Waimate District was insufficient to reach statistical confidence levels, so individual figures for Waimate should be read with caution.



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8 Consideration of Urgent Business Items

9 Consideration of Minor Nature Matters